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Preparation and Evaluation of New LAT1-Targeted USPION to Improve Sensitivity and Specificity in Metabolic Magnetic Imaging of Breast Cancer

Rahimeh Rasouli 1,* D, Cordula Grüttner 2, Mehdi Shafiee Ardestani 3 D, Reza Faridi-Majidi 4 D

- Department of Medical Nanotechnology, International Campus, Tehran University of Medical Sciences, Tehran, Iran
- ² Micromod Partikeltechnologie GmbH, Friedrich-Barnewitz-Str. 4, D-18119 Rostock, Germany
- Department of Radiopharmacy and Medicinal Chemistry, Faculty of Pharmacy, Tehran University of Medical Sciences, Tehran
- Department of Medical Nanotechnology, School of Advanced Technologies in Medicine, Tehran University of Medical Sciences, Tehran, Iran
- * Correspondence: r-rasouli@razi.tums.ac.ir;

Scopus Author ID 55630317300

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Abstract: The purpose of this study was the investigation of the targeting potential of tyrosineconjugated ultra small superparamagnetic iron oxide nanoparticles (USPIONs) as a new targeted nanocontrast agent for application in molecular magnetic resonance imaging (MRI) of breast cancer. Recently, studies demonstrated that L-type amino acid transporters (LAT1) are highly expressed in breast cancer cells. Thus, LAT1 targeting via tyrosine as a LAT1 substrate could improve the sensitivity and specificity of this nanosized contrast agent. To achieve this goal, USPIONs were conjugated to tyrosine and characterized using DLS and FT-IR. The cell viability was measured in different concentrations of nanoparticles (0.6, 1.2, 2.4mM) in breast cancer cells (MDA231, MCF7,4T1) and control cell line (normal kidney cells; HEK293) with the MTT assay. Cellular uptake was evaluated via Prussian blue staining and Inductively Coupled Plasma-Optical Emission Spectroscopy (ICP-OES) as well as by measurement of the reduction of signal intensity using 3Tesla clinical MRI. T2-weighted imaging in tumor-bearing bulb/c mice was performed via brain coil and home-built phantom. The particle size and charge of USPIO significantly changed after the conjugation of tyrosine. According to ICP-OES results from the cellular uptake of tyrosine-USPION in 4T1 cell line and HEK-293was 48.14%±1.43, and 6.91±0.21, respectively. The reduction in MRI signal intensity at in vitro studies was higher in the presence of tyrosine-USPION than of USPION. The reduction in MRI signal intensity at in vivo studies was 58.83% in the presence of tyrosine conjugated USPION compared with plain nanoparticles. Biodistribution studies demonstrated that the accumulation of tyrosine-USPIONs was about seven times higher than that of non-targeted USPIONs after 24h. In conclusion, tyrosine-USPIO as a new LAT1 targeted contrast agent with high sensitivity and specificity can be suggested as a good and ideal candidate in breast cancer molecular imaging.

Keywords: Breast cancer; LAT1 transporter; Molecular imaging; Tyrosine; MRI; USPION.

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1. Introduction

The World Health Organization (WHO) estimated that 84 million death occurred due to cancer between 2005-2015 [1]. The most common type of cancer for women is breast cancer [2,3].

Worldwide, more than 1 million women with breast cancer are identified annually, and near 14% of deaths in women are due to this cancer. Furthermore, in developing countries, breast cancer incidence rates are growing by up to 5% each year [4,5].

Early detection and diagnosis of breast cancer have a significant effect on the survival rate of patients with breast cancer, from the 5-year survival rate of 23.4% in patients with stage IV disease to 98% in patients with stage I disease [6].

Many molecules have been identified with important roles in the malignant growth and progression of breast cancer cells; the detailed mechanisms are still not completely cleared. So, there is an essential need to find new powerful tumor-specific biomarkers at the molecular level, which permit to insights into breast cancer diagnosis and treatment [7].

Currently, two groups of receptor-targeted drugs as only molecularly targeted drugs have been utilized for advanced breast cancer treatment, including the HER2-targeting antibody trastuzumab and anti-estrogen drugs such as tamoxifen. There are some important limitations of these drugs; about HER2-targeting antibody, just about 25% of patients with breast cancer exhibit HER2/neu upregulation, and a response rate of the administration of trastuzumab is only 21% [8,9]. Another group is estrogen receptor-drugs, approximately 55% ratio in breast cancer tumors are estrogen receptor-positive, but there are high positive ratios of estrogen receptors in normal and benign breast tissues as well [10].

Molecular imaging based on the metabolism of tumor cells has shown significant success in breast cancer diagnosis, staging, as well as treatment of patients[11]. Molecular imaging can diagnose tumor-specific features at molecular levels and provide information about the functional state of the tumor tissue.

Many researchers have revealed that malignant tumors can be identified with high sensitivity and specificity by their increased metabolic rates for glucose[12-14], lipids(1C-choline and 18F-fluorocholine) [15], or amino acids [16] via imaging.

Although, PET with the ¹⁸F-labeled fluoro-2-deoxyglucose (¹⁸F-FDG-PET), is used as a gold standard in a clinical test for staging and restaging analog of malignant lymphoma and most solid tumors [12,13].

Unfortunately, some important limitations of ¹⁸F-FDG are false positive/negative diagnosis, delivery of poor predictive values of tumor response to chemo/radiotherapy, and poor contrast in brain tumor as well as poor differentiation of tumor from inflammatory tissue [14].

Amino acids are required for rapid growth and proliferation of tumor cells due to their function as the basic building blocks of proteins and as carbon and nitrogen source for the synthesis of glutathione, amino sugars, pyrimidine, and purine nucleotides [17,18].

In the development of amino acid-based imaging probes, the main focus is directed on system L and/or A amino acid transporters -the two main transport systems in mammalian cells [11].

PET with ¹⁸F-labeled amino acids as another radiotracer has been investigated because actively proliferating tumor cells ingest more nutrients, such as amino acids. The upregulation of amino acid transporters generally occurs to facilitate amino acid uptake for tumor cells. Previous studies have revealed a relationship between LAT1 level and tumor growth [19,20]. Therefore, the rate of amino acid uptake and transport can be employed as a tumor-specific biomarker [11,18].

System L (L-type amino acid transporter system, or LAT) has four subtypes called LAT1-4 as a Na⁺-independent amino acid transporter system. LAT is essential for the transport

of large, neutral amino acids, such as aromatic amino acids or branched [17,21,22]. Among these four subtypes, only LAT1 shows increased transport activity and plays an important role in tumor cell growth. LAT1 overexpression has been proved in several cancer types as well as tumor cell lines such as Barrett's adenocarcinoma [23], astrocytic tumors [24,25], oral cancer [26], lung adenocarcinoma [27], esophageal carcinoma [28], osteogenic sarcoma cells [29], KB human and oral epidermoid carcinoma cells [30]. Therefore, it is considered as a diagnostic and prognostic biomarker for cancers [23-27,29-40].

Up to now, several studies have demonstrated the role of highly specific LAT1 upregulation in breast cancer cell lines [11,41-46]. Among the LAT subtypes, only LAT1 shows increased transport activity and promotes the proliferation, tumorigenesis, and progression of breast cancer cells [45]. LAT1 has several unique properties such as homogenous expression of LAT1 in breast tumor tissue, about 94% of breast tumor tissues are LAT1 positive, and LAT1 is not detectable in normal breast tissues [41]. These findings offer that LAT1 can be a potential biomarker for breast cancer diagnosis and treatment [45].

There are many researches with LAT1 transporter-targeted nanoparticles that demonstrated the definitive potential to transfer across biological barriers with high uptake of contrast agents and therapeutic drugs in a targeted cell with high sensitivity and specificity [37,47-62]

Recently, several studies have been demonstrated the effectiveness of LAT-1 targeting for drug and contrast agents delivery in a wide range of cancers like breast cancer and glioma [49,51,52,54,63-65].

It was reported that the functionalizing of polyoxyethylene stearate PLGA nanoparticles with glutamate as a LAT-1 targeting substrate to paclitaxel delivery caused significantly higher tumor accumulation and inhibition of tumor growth in a subcutaneous 4T1 breast carcinoma mouse tumor model in comparison to non-functionalized nanoparticles [51].

LAT is the only transporter system that is able to enter large neutral amino acids with aromatic rings such as tyrosine, tryptophan, and phenylalanine [11,46]. In general, among all amino acids, aromatic amino acids are more suitable for tumor imaging due to their unique features, such as easier chemical modification and characterization [11].

Among radiotracers, ¹⁸F-labeled tyrosine and its derivatives have shown high tumor uptake and accumulation via L-type amino acid transporters (LAT), which were reported to be highly expressed in various cancer cell lines and correlate positively with tumor proliferation.

L-tyrosine is a biologically important substrate for proteins, thyroid hormones, and also catecholamine as well as melanin synthesis after hydroxylation[66]. L-tyrosine has been used as a reliable amino acid-based PET probe for tumor diagnosis and quantification in multiple types of malignancies, including lung, soft tissue sarcomas, brain, head, and neck cancers as well as breast cancer [11,45,67-71].

Kong et al. demonstrated a positive correlation between ^{99m}Tc-EC-Tyrosine analog, 99m Tc tyrosine using N,N'-ethylene-di-L-cysteine (EC) as a chelator, uptake in breast tumors, LAT1expression and breast tumor cell malignancy, so ^{99m}Tc-EC-Tyrosine can be considered as the most suitable radiotracer for breast cancer imaging [67]. These findings offered that tyrosine can be a potential biomarker for noninvasively assessing LAT1 function, which correlates well with breast cancer malignancy and metabolism.

Based on these observations, we hypothesized that the conjugating of a tyrosine as LAT-1 targeting moieties on USPIONs would selectively increase nanoparticle accumulation inside tumor cells for the imaging of breast cancer.

Several modalities such as single-photon emission computed tomography (SPECT), positron emission tomography (PET), computed tomography scan (CT), and magnetic resonance imaging (MRI) has been used in the metabolic imaging [72-76]. MRI is also a highly suitable modality for molecular imaging due to its high spatial resolution and excellent soft-tissue contrast [77]. Toxicity, low specificity, and selectivity are some limiting of currently used magnetic contrast agents. To overcome these restrictions, a high concentration of contrast agents is required at the target site by identifying specific molecules that are overexpressed in certain cancerous regions. The application of nanomaterials has been opened a promising window for disease diagnosis and therapy [78-87]. Recent progress in nanotechnology has enhanced the properties of T1 and T2 contrast agents for these biomedical applications[49,88-90]. Ultrasmall superparamagnetic iron oxide nanoparticles (USPION) were broadly employed in MRI as a versatile ultra-sensitive nanoprobe for molecular and cellular imaging of cancers. Carrier mediated transport, and receptor-mediated transcytosis are aims of carriers or drugs which were conjugated to amino acids, glucose, and nucleosides or bigger molecules like insulin and transferrin [91,92].

As many types of breast cancer cells have high expression of LAT1 on their cell surface, the imaging strategy is using USPIONs conjugated to LAT1 substrate (tyrosine as a targeting ligand) to improve sensitivity and specificity of this contrast agent in LAT1-expressing breast cancer cells.

The goal of this study is the evaluation of the targeting potential of USPION-tyrosine conjugate as a new LAT1-targeted nanoparticle-based contrast agent with high sensitivity, specificity, and no toxicity for breast tumor MR imaging.

2. Materials and Methods

2.1. Materials.

Nanomag®-CLD-spio nanoparticles were provided from Micromod (MicromodPartikeltechnologie GmbH, product code: 77-02-201). These nanoparticles were crosslinked dextran-coated USPION with COOH functional groups on their surface. The solid concentration of the nanoparticles and their iron concentration were 5 and 2.4 mg/ml, respectively. The magnetic cell sorting columns (MACS® separator with MS columns) were purchased from Miltenyi Biotec GmbH (Gladbach, Germany). All other chemical reagents were supplied by Sigma-Aldrich Chemical Co.

Highly human and mice malignant breast cancer cell lines: MDA-MB-231, MCF7, 4T1, and a non-tumorigenic kidney cell line (HEK 293) have been used, which were purchased from National Cell Bank of Iran (Pasteur Institute, Tehran, Iran).

2.2. Cell culture.

MDA-MB-231, MCF7, and 4T1 cell lines, as well as HEK 293cell line, were grown using complete RPMI-1640 and Dulbecco's Modified Eagle Medium (DMEM), respectively, supplemented with 10% fetal bovine serum and 1% penicillin-streptomycin at 37°C with 5% CO₂.

2.3. Mouse model with breast tumor.

The animal experiments were performed with BALB/c mice (6–8 weeks old with a mean weight of 16-18 g). The breast tumor was formed by injecting 1×10^6 cells in a final volume of 0.1 ml injected subcutaneously in the left side of mice. The desirable size of the tumor was obtained2–3 weeks post-injection. All animal experiments were performed in accordance with the guidelines of the INMAS animal ethics committee.

2.4. Preparation of targeted nano contrast agent.

2.4.1. Conjugation of tyrosine on the surface of USPION.

The tyrosine conjugation on USPIONs was performed following a two-step process (figure 1). The amine group of tyrosine was covalently conjugated to the carboxyl group of USPION via an amide bridge. Briefly, the carboxyl groups of USPION were activated with 1-Ethyl-3-(3-dimethylaminopropyl) carbodiimide (EDC), and sulfo-N-hydroxy sulfo succinimide (sulfo-NHS) in 2-(*N*-morpholino) ethane sulfonic acid buffer (MES buffer) by 40 min shaking at room temperature (RT), the excess of sulfo-NHS and EDC was removed by washing with PBS buffer(pH 7.2) in a magnetic-activated cell sorting (MACS) column. 0.5 ml tyrosine (40 µg/ml in bicarbonate buffer) was mixed with 0.5 ml suspension of activated USPION in DI water. After shaking for 4h at RT, the excess of tyrosine was removed by washing with PBS buffer in a MACS column. Finally, USPION-tyrosine conjugate was dispersed in DI water for characterization and *in vitro* and *in vitro* studies.

Figure 1. Schematic presentation of the synthesis of USPION-tyrosine conjugate.

2.4.2. Characterization of nanoparticles.

Mean size, size distribution, and zeta potential of USPION and USPION-tyrosine conjugate were measured with Zeta sizer Nano ZS (Malvern Instruments Ltd., Malvern, UK). The conjugation of tyrosine on the surface of USPION was verified by the FTIR analyses (NEXUS 870; Thermo Fisher Scientific, Waltham, MA, USA).

2.4.3. In vitro cytotoxicity assay.

The *in vitro* cytotoxic effect of USPION and USPION-tyrosine conjugate was examined via the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay, using highly human and mice malignant breast cancer cell lines: MDA-MB-231, MCF7, 4T1 and a non-tumorigenic kidney cell line (HEK 293) (2×10⁴ cells were seeded per well in 96-well plates) at different iron concentrations (0.6, 1.2, 2.4 mM) for 3h. All experiments were done in triplicate, and cell survivalas determined as a percentage of viable cells in comparison with controls.

2.5. Intra-cellular uptake studies.

2.5.1. *In vitro* analysis of cell-uptake with ICP-OES measurements.

To determine intra-cellular uptake of iron, 4T1 and HEK cells at a concentration of 4×10^6 per tube were incubated with a culture medium containing USPION and USPION-tyrosine at iron concentrations of 1 mM for 2h at RT. In the next step, cells were washed three times with PBS and digested in 0.5 ml of HCl (5N) for 2 h in a water bath at 80°C. Iron concentrations in digested cell samples were measured with ICP-OES. Untreated cells were used as a control [90].

2.5.2. In vitro analysis of uptake with Prussian blue staining.

The intra-cellular uptake of USPION and USPION-tyrosine into highly human and mice malignant breast cancer cell lines: MDA-MB-231, MCF7, 4T1, and a non-tumorigenic kidney cell line (HEK 293) was studied by Prussian blue staining. Briefly, 2 ×10⁵ cells per well, in 12-well plate cells were incubated overnight at 37°C in a humidified incubator with a 5% CO₂ atmosphere for 24 h for cell adherence. After that, the cell medium was removed, and cells were washed three times with PBS and incubated with 2 mM/ml Fe concentration of each particle type for 2hat RT. Then treated cells were washed with PBS and fixed in paraformaldehyde (4%) for 20 min. Then cells were washed three times with PBS and stained using Prussian blue solution (equal volumes of HCL (2%) and potassium ferrocyanide (II) trihydrate (2%). The stained plate images were taken with an inverted microscope [90].

2.5.3. *In vitro* analysis of uptake with magnetic resonance imaging.

The potential of the USPION-tyrosine for MRI was studied *in vitro* after incubation with 4T1 cell line. In brief, each 3×10^6 cells per tube were incubated with USPION and USPION-tyrosine at different concentrations of Fe (10- 40 μ g) for 2h at RT. After that, cells were washed three times with PBS and resuspended in agar gel (2%).

T2-weighted images and signal intensity of samples were measured via 3Tesla clinical MRI via brain coil and home-built phantom with a spin-echo imaging sequence (Siemens, Germany). Imaging parameters were as follows: TR: 1500 ms; TE: 15.3, 30.6, 45.9, 61.2, 76.5, 91.8, 107.1, 122.4, 137.7, 153 ms; FOV:170 mm×170mm.

The data from regions of interest (ROI) were drawn to consistently measure mean signal intensity at the identical position within each phantom vial [89,90,93].

2.5.4. In vivo MR imaging.

MR images of Bulb/c mice bearing 4T1 breast cancer cells were taken before and 1h after injection of USPION and USPION-tyrosine (2mg/kg) into the tail vein. All images were acquired using the T2-weighted imaging method by the spin-echo pulse sequence technique; imaging parameters were as follows: $FOV=124 \text{ cm} \times 124 \text{ cm}$, TE=89 ms, TR=8000 ms. MR image signal intensity was determined using the signal intensity of the region of interest 1h after injection of both USPION and USPION-tyrosine in tumor region with the Dicom Works version 1.3.5 (Dicom Works, Lyon, France).

2.6. Biodistribution studies.

For biodistribution studies, all bulb/c mice bearing 4T1 breast cancer cells were injected with USPION, USPION-tyrosine, and control (without any injection), (n=3 per group). All mice were sacrificed 24h after imaging, and then critical organs (including tumor, spleen, liver, and kidney) of each group were weighed and, after doing acid digestion process, analyzed with ICP-OES to calculate the iron content of each organ. Each ICP-OES experiment was performed at least three times. The percentage of iron content (ppm) of organs was reflected as biodistribution of the USPION and USPION-tyrosine conjugate in the studied organs.

2.7. Statistical analysis.

Multi-group comparisons were made by one-way ANOVA. The student t-test was used to compare two group data. Results are mentioned as mean \pm SD.

3. Results and Discussion

3.1. Characterization of nanoparticles.

The particle size and charge of USPION before and after conjugation with tyrosine was determined by dynamic light scattering (DLS). The results were summarized in Table 1. Following the tyrosine conjugation, a significant change in charge and size was observed. Due to the presence of OH and COOH groups in tyrosine after surface modification of USPION, a significant decrease in charge from -14.7 to -19.9 mv was observed. Also, an increase in particle size was observed after surface modification.

Table 1. Size distributions and zeta potential of the USPION and USPION-tyrosine.

Nanoparticles	Size (nm)	Charge
USPION	81.2±0.8	-14.7±0.2
USPION-tyrosine	96.9±1.1	-19.9±0.1

3.2. FT-IR result.

The FT-IR spectrum of USPION-tyrosine conjugate is shown in Figure 2. After an amidation reaction, new peaks that confirmed the presence of amide bond (–CO– NH–) formed after the conjugation of the NH₂ group of tyrosine with the COOH group of USPION. The peak at 1633 cm⁻¹ is related to the carbonyl group of (C=O) of amide bond.

3.3. In vitro cytotoxicity of nanoparticles.

A suitable nanoprobe as a targeted MRI contrast agent should exhibit minimal toxicity to the targeted cell. MTT assay was done in breast cancer cell lines: MDA-MB-231, MCF7, 4T1, and a non-tumorigenic kidney cell line (HEK 293) to evaluate the cytotoxic potential of USPION-tyrosine and USPION with different concentrations. Results exhibited>75% cell viability in relation to the control sample, in most cases (Figure 3). From the results obtained, the increase in concentration from 0.6 to 2.4 mM, resulted in increased toxicity of tyrosine-USPION. There is no obvious reason for this observation. Previous studies have shown that with an increase in the concentration of the agent, cell viability may either decrease or increase [94-96].

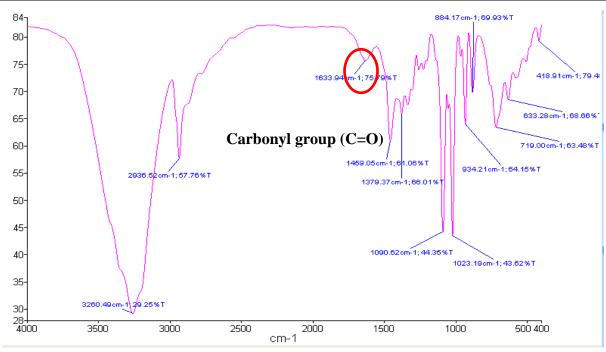


Figure 2. FT-IR spectrum of USPION-tyrosine.

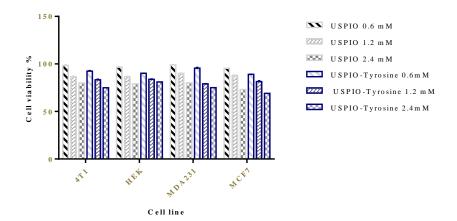


Figure 3.The cytotoxicity effect of USPION and USPION-tyrosine to breast cancer cell lines: MDA-MB-231, MCF7, 4T1, and a non-tumorigenic kidney cell line (HEK 293) was assessed *in vitro* by the MTT assay. The cells were treated with USPION and USPION-tyrosine at equivalent iron concentrations ranging from 0.6 to 2.4 mM for 3h.

3.4. Cellular uptake studies.

To determine the ability of tyrosine as a LAT1 substrate to target breast cancer cells, 4T1 cell uptake efficiency of USPION and USPION-tyrosine conjugate was compared with T2-weighted images and signal intensity of samples. USPIONs as negative contrast agents affect T2 relaxivity and hence decrease signal intensity. Higher intracellular content of Fe results in the reduction of signal intensity and T2 relaxation time. The potential of USPION-tyrosine as a specific MR imaging agent was demonstrated by a significant reduction of the MR image signal intensity in the 4T1 cell line compared with the nonspecific agent of USPION (Figure 4).

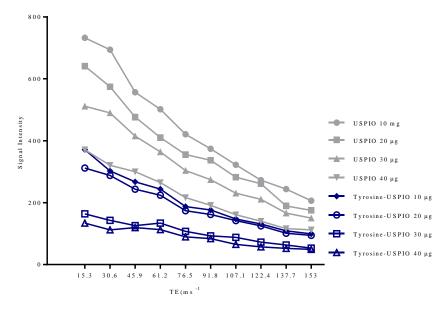


Figure 4. Signal intensity changes in the 4T1 cell line incubated with USPION-tyrosine and USPION at Fe concentration of 10, 20, 30, 40μg/ml. The signal intensity in the 4T1 cell line after incubation significantly decreased by higher cellular uptake of USPION-tyrosine.

Also, iron concentration measurement with ICP-OES of cells after incubation with USPION-tyrosine exhibited significantly increased Fe content in the 4T1 cell with high expression of LAT1 over negative HEK 293 cells. After incubation with USPION-tyrosine and USPION, the intra-cellular Fe content in 4T1 and HEK293 cell lines was shown (Table 2). According to ICP results, tyrosine conjugated nanoparticles enter the cancerous cells 4.63 times more than reference USPION. Intracellular uptake of USPION-tyrosine in the 4T1 cells and normal kidney cells (HEK-293) were 48.14%±1.43 and 6.91±0.21, respectively.

Similar results were observed by the study conducted by (Khosroshahi *et al.* 2013), in which methionine as LAT1 substrate was attached to anionic linear globular dendrimer G2 labeled ^{99m}TC. Intra-cellular uptake of ^{99m}Tc-DTPA-Met, ^{99m}Tc-Dendrimer-Met in human colon adenocarcinoma grade II cell line (HT29) were 50% and 60% respectively after 4h. The study confirmed better performance following the administration of ^{99m}Tc-Dendrimer G2-Methionine [48].

Similar to our finding, another study had established that the ability of LAT1 targeting improved when methionine was conjugated on gadolinium-based mesoporous silica nanospheres (Met-MSN-Gd³⁺). The *in vitro* studies on human breast cancer cell lines (MCF7) showed that Met-MSN-Gd³⁺ was taken up by cells 2–7 times more efficiently than the MSN-Gd³⁺, which showed the importance of methionine group in the internalization of Met-MSN-Gd³⁺. Intra-cellular uptake of Met-MSN-Gd³⁺ in MCF7 and normal kidney cells (HEK-293) were 65.77 % and 2.4%, respectively [97].

Table 2. ICP results of the mean cellular iron contents after treatment of 4T1and HEK Cell lines USPION and USPIO-tyrosine at an iron concentration of 1mM for 2hr.

Nanoparticle	4T1	HEK
	Fe concentration (ppm)	Fe concentration (ppm)
USPIO	6.33±0.30	2.06±0.04
USPIO-Tyrosine	29.37±1.43	4.22±0.21
Control (Untreated cell)	0.30±0.11	0.21±0.08

The targeting specificity of USPION-tyrosine to the positive LAT1 cancer cells was also confirmed with Prussian blue staining. The Blue region (Table 3) represented the LAT1

targeting effect on cellular uptake efficacy. There was no blue color that appears in the cells incubated with USPION or LAT1 negative (HEK293) cells.

There is no study especially related to the evaluation of cellular uptake via LAT1-targeted nanoparticle by Prussian blue staining method. The results obtained are in accordance with previously reported γ -Fe₂O₃-DMSA-DG NPs (2-deoxy-D-glucose (2-DG) conjugated meso-2,3-dimercaptosuccinic acid-coated γ -Fe₂O₃ nanoparticles) for glucose transporter targeting in tumor cells. When 2-DG-conjugated and nonconjugated nanoparticles were incubated with Hela cells, the 2-DG-conjugated nanoparticle showed a significant amount of uptake in cells compared to their non-targeted counterparts. UV colorimetric assay showed γ -Fe₂O₃-DMSA-DG NPs internalization were about 2- to 5-fold higher than γ -Fe₂O₃-DMSA NPs [98].

Table 3. Prussian blue staining images for highly human and mice malignant breast cancer cell lines: MDA-MB-231, MCF7, 4T1, and a non-tumorigenic kidney cell line (HEK 293) after 2 h incubation with 2mM USPION and USPION-tyrosine.

Nanoparticle	4T1	HEK	MDA231	MCF7
USPIO				
USPIO-Tyrosine		Vo.		Service of the servic

3.5. In vivo MR imaging.

T2-weighted MRI images were taken before and 1h after injection of both contrast agents in studied animals (Figure 5). A significant reduction of signal intensities and T2 values of breast cancer tissue was observed after the injection of USPION-tyrosine in comparison with USPION. The amount of reduction in signal intensity in the tumor region, the presence of tyrosine conjugated USPIO nanoparticles was 58.83% compared with nonconjugated nanoparticles.

Similar results were also observed when methionine was conjugated on gadolinium-based mesoporous silica nanospheres for breast cancer imaging. The *in vivo* studies on bulb/c mice bearing 4T1 breast cancer cells showed that the amount of internalized Met-MSN-Gd³⁺ was large enough to yield a significant effect on the MRI signal intensity [97].

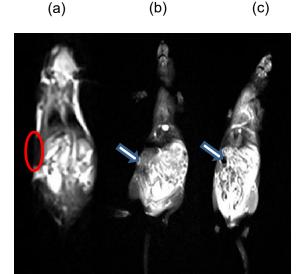


Figure 5. T2-weighted MRI images of Bulb/c mice bearing 4T1 breast cancer cells before and 1h after injection of USPIO and USPIO-Tyrosine (2mg/kg)into the tail vein: (a) before injection of agents, (b) after injection of USPION, and (c) after injection of USPION-tyrosine conjugate, respectively left to right.

3.6. Biodistribution studies.

The biodistribution study of these nano contrast agents exhibited dramatic accumulation of the USPION-tyrosine in the tumor region, as illustrated in Table 4. The USPION-tyrosine conjugate accumulation in tumor tissue was about seven times higher than that of USPION after 24h [99]. These results suggest that this USPION-tyrosine conjugate could be suitable for utilizing as LAT1 target agent for the detection of breast cancer and all other cancers with high expression of LAT1.

Fernandes *et al.* demonstrated that the *in vivo* application of SAX (Saxagliptin) loaded chitosan -L-valine resulted in enhanced drug delivery in the brain of rats compared to the suspension of SAX, which showed no detectable amount even after 24h. The SAX entrapped in the CSV was detected in the brain to the extent of 53.25 ± 5.69 ng/mL at the end of 24 h [53].

Table 4. Biodistribution results of iron uptake in different studied organs of bulb/c mice bearing 4T1 breast cancer cells 24 h after injection of USPION-tyrosine and USPION. The control group was bulb/c mice bearing 4T1 breast cancer cells without any injection of nanoparticles.

Tissue	Tissue weighted(g)	Observed Dose-	Observed Dose-Control Dose(ppm)		
		USPIO	USPIO-Tyrosine		
Liver	1.44260±0.3	23.89±0.2	12.126±0.5		
Spleen	0.46508±0.1	9.204±0.4	12.470±0.6		
kidneys	0.364318±0.5	8.783±0.3	0.693±0.3		
Tumor	0.7829±0.2	5.905±0.18	41.255±0.6		

^{****}p value > 0.0001(n= 3, mean \pm SD)

4. Conclusions

Early diagnosis of breast cancer has a significant effect on the survival rate of patients. There is an essential need to discover new tumor-specific contrast agents with high sensitivity and specificity and no toxicity to target tumor cell-based upon tumor-specific features at molecular levels. The novel, powerful biomarkers need to be addressed for insights into breast cancer detection. Many investigations have confirmed that tumors can be distinguished with high sensitivity and specificity by imaging their increased metabolic rates for amino acids,

glucose, or lipids. In this study, we employed the potential of LAT1 transporter-targeted nanoparticles as an amino acid-based imaging probe for breast cancer imaging. We explored the molecular magnetic resonance imaging modality, using a LAT1 targeted magnetic nanoprobe that was synthesized with tyrosine as a LAT1 substrate coupled to USPION to target the LAT1 transporter that is highly expressed by most of breast tumor cells.

Results of *in vitro* and *in vivo* studies demonstrated that a specific diagnosis ability of USPION-tyrosine to the LAT1 expressing cells is possible. The results of cellular uptake studies via the Prussian Blue staining test, ICP-OES, and assessment of the reduction of signal intensity using MRI showed high targeting and specificity of USPIO-tyrosine conjugate to LAT1-positive breast cancer cells. In addition, *in vivo* MRI imaging of Bulb/c mice bearing 4T1 breast cancer cells demonstrated that tyrosine-conjugated USPION with high specificity, sensitivity, and no toxicity has the potential to be suggested as a targeted MR contrast agent for breast cancer detection at an early stage.

Our findings, together with that of other researches with LAT1 transporter-targeted nanoparticles, demonstrated the definitive potential to transfer across biological barriers with high uptake of contrast agents and therapeutic drugs in the targeted cell with high sensitivity and specificity.

Our findings open a promising view of breast cancer diagnosis and treatment with high sensitivity and specificity. As LAT1 is often upregulated in many cancer cells, this targeted nanoprobe can also be suggested also for the targeted imaging of a wide range of cancer types with high expression of LAT1.

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Conflicts of Interest

The authors declare no conflict of interest.

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