

Improving the Properties of Dental Porcelain Luminescence Using Silicon Carbide

Nima Norouzi ^{1,*} , Zahra Nouri ² 

¹ School of Energy and Physics, Amirkabir university of technology (Tehran Polytechnic); nima1376@aut.ac.ir (N.N.);

² School of Medicine, Tehran University of Medical Sciences, Tehran, Iran; zn65133@gmail.com (Z.N.);

* Correspondence: nima1376@aut.ac.ir;

Scopus Author ID 57213160563

Received: 8.10.2020; Revised: 8.11.2020; Accepted: 11.11.2020; Published: 15.11.2020

Abstract: An ideal dental restorative should have the same light reflection, diffusion, and fluorescence properties as a natural tooth. Natural teeth always emit intense blue fluorescence under ultraviolet light, making the teeth look whiter and brighter in daylight. One of the limitations in trying to simulate restorative materials is the unique structure of natural teeth. This study aimed to simulate dental tubules and investigate the effect of different porosity percentages on dental porcelain luminescence properties. In this laboratory study, a control sample (without silicon carbide) and three dental porcelain samples with different percentages of porosity were prepared by adding 1, 2, 3% silicon carbide luminescence intensity was examined by spectrophotometer and compared with natural teeth. An increase in luminescence properties was observed with increasing porosity. The highest light intensity was observed in the sample's porosity with 3% silicon carbide. The lowest intensity was observed in the porosity of the sample with 1%. Creating porosity in dental porcelain reduces refraction, collision, and light reflection. Therefore such specimens will be brighter and more transparent when exposed to ultraviolet light.

Keywords: dental porcelain; dental tubules; optical properties; porosity; luminescence.

© 2020 by the authors. This article is an open-access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

For the past two hundred years, amalgam has been the dominant player in the field of dental restorations. However, today, color restorations, mostly made of composites, ceramics, and dental porcelain, have replaced amalgams. The main advantage of color restorations is the issue of beauty. However, the non-use of mercury in amalgam restorations is also one of the advantages of color restorations; Because researchers believe that the mercury in amalgam may cause long-term side effects.

An ideal restorative material should have the same light reflection, emission, and fluorescence properties as natural teeth. Otherwise, their aesthetic quality will be reduced [1]. Due to the importance of beauty, the optical properties, including translucency of ceramic materials in Many studies, have been considered. Semi-transparency of dental materials is generally measured using the semi-transparency parameter and the contrast ratio. Contrast ratio is the ratio between a sample's reflection on a black background compared to a white background with an individual reflection [2]. Studies have shown that thickness indirectly affects the passage of light through dental porcelain. The thicker the material, the lower the translucency [3].

Luminescence is the emission of light by matter due to ultraviolet and visible radiation. Ideally, a restorative material should have a luminescence similar to that of natural tooth tissue. Luminescence can be used as a tool to distinguish restorative material that distinguishes it from natural tooth tissue. It is a single excitation state (fluorescence), and long-term emission is a triplet excitation state (phosphorescence). A sample can show fluorescence, phosphorescence, or both [4].

Researchers' study of the effect of fillers' amount and size on composite resin's optical properties has shown that samples' optical properties decrease with increasing the amount and size of filler particles. (5) Nanofillers have better optical properties compared to samples containing microfillers (7, 6). Another issue is the technique of filling teeth. To fill teeth, two conventional techniques of layering and one-step filling are used. Research in this field shows the formation of an oxygen barrier layer at the composite-composite interface layer site and increases light scattering due to contact with this layer, and reduces the transparency of the restoration in the layering technique [8].

Decreased optical properties of dental restorations can also be due to the high thickness of the specimens. The high thickness of the restoration, which is unavoidable in many cases, increases the reflection and diffusion of light and reduces the intensity of the transmitted light due to the reduction of the depth of polymerization and the increase of internal collisions [9-13].

The optical properties of teeth and porcelain include color, semi-transparency, hue, light, and chroma value. The various compounds and the crystallinity of different ceramic systems such as lithium disilicate, fluorapatite, or leucite affect these systems' optical properties. Increasing Crystallinity to Increase Mechanical Strength Increases Opacity [14]. Achieving similar tooth restoration requires two steps: selecting the best possible shade using the shadow guide and reproducing this shade with dental material properly done [15].

Casolco *et al.* [16] obtained translucent zirconia ceramics measuring 55 nm using stabilized nanostructured powders. They have suggested that more light passes through the scattering created by the particles' interaction when the grain size is significantly smaller than the wavelength of visible light. The presence of internal fine particles maximizes the translucent material's opacity. The presence of impurities and turbidity conditions such as temperature and time can also significantly affect the particle size and translucency.

Dozic *et al.* [17] have shown that the porcelain layer's thickness affects the final shade of ceramic restorations. Small changes in the thickness or shade of the translucent porcelain layers have a significant effect on the restoration's shade.

In a paper published by Nakajima *et al.* [18], a comparison was made between natural cow teeth and three composite resin samples used in the market. The results showed that in natural teeth with increasing thickness; Similar to restorations; There is a decrease in light transmission and transparency, but the light distribution in the teeth, unlike restorations, decreases with increasing thickness. This difference can be the density, diameter, and orientation of the tubules in the tooth structure.

Examination of the tooth structure shows that the tooth contains microscopic channels called dental tubules, which extend from the nerves of the tooth (pulp) to the outside or enamel of the tooth and contain physiological fluids [19]. In teeth with tubules, The transverse refraction of light is less than the oblique and longitudinal position. Besides, materials inside the tubules (water, air, tooth fluids, or minerals) affect light transmission and transmission and absorption properties [18].

This study aimed to simulate dental tubules in dental porcelain specimens and investigate their effect on dental specimens' luminescence properties.

2. Materials and Methods

In this experimental study, 16 samples of tablets with a thickness of 2 mm and a diameter of 5 mm were prepared to prepare dental porcelain specimens with different percentages of porosity. To prepare the samples, silicon carbide with weight percentages of 1, 2, and 3% was used to create different porosities in the sample and without silicon carbide to make the control sample.

Porcelain powder (Noritake Company, Japan) was used as the predominant phase in these samples. Silicon carbide with a particle size of 40 microns (Sigma-Aldrich, Japan) was used as an additive with 99.8% purity to create porosity. According to the instructions mentioned in reference (20) and optimization, first distilled water with 5% by weight of polyethylene glycol (as a binder) was added to a mixture of porcelain powder and silicon carbide, in amounts of 3-0% by weight and a solution was obtained diluted. (The water-to-mixture ratio was 0.8 to 1% by weight.) The diluted solution was stirred for 30 minutes with a magnetic stirrer and then placed in the oven for 1 to 2 hours. It was then sieved with a 0.3 mesh, and a powder with a particle size of 550 microns was obtained. A dry press pressed the powder with a pressure of 10 MPa, and tablets with a thickness of 2 mm, and a diameter of 5 mm was made. The samples were sintered in a furnace at a rate of increase of 5 °C/min until reaching a temperature of 1150 °C and kept at this temperature for 20 minutes at atmospheric pressure. After leaving the furnace, the samples were subjected to scanning electron microscopy (SEM), X-ray diffraction (XRD), and then spectrophotometry.

A healthy anterior tooth of a 27-year-old man broken in an accident was used to prepare a dental sample. Dental incisions in different thicknesses can be limited to enamel or dentin and form a combination of enamel and dentin. To make the incision, the teeth were molded into the resin. Then incisions were made in the vertical direction with a thickness of 2 mm.

3. Results and Discussion

Figure 1 shows the XRD pattern of a 2% by weight silicon carbide sample after sintering at 1150 °C. As can be seen in this diagram, silicon carbide is not seen in the sample sintering. However, silicon is present as SiO₂ in the structure. The results show that after sintering, SiC is oxidized to SiO₂, CO₂. The formation of the SiO₂ protective layer on the surface occurred due to the air atmosphere's process. Figures 2 (A, B, and C) show the results of SEM analysis of samples with a percentage of silicon carbide of 1 to 3%.

According to SEM images, an increase in porosity can be seen due to the increase in silicon carbide at 1150 °C. In 1% silicon carbide, due to the low carbon structure, the volume of CO₂ gas due to oxidation is low, resulting in very small spherical porosities. In general, the porosity created by this method is isolated and discontinuous, and, due to the high viscosity of the liquid phase, can not be removed from the structure (Figure 2-A). The average size of the porosity does not exceed 100 microns. In the amount of 2% silicon carbide, more gas is created than in the first case due to the increase in the volume of carbon. More continuous porosities are created, the size of which is 120 micrometers (Figure 2-B). In the third case, with 3% silicon carbide, an enormous volume of CO₂ gas is created in the structure, which causes interconnected and large porosity (Figure 2-C). In this case, the size of the pores has increased

to 170 micrometers. In fact, as the percentage of silicon carbide increases, the volume of gas produced increases, and the interconnection of these gases creates larger pores.

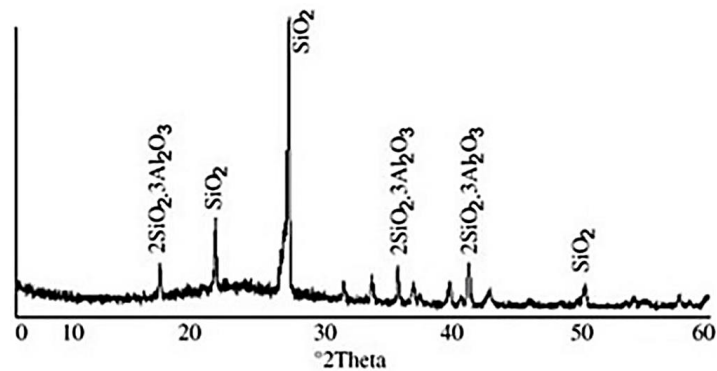


Figure 1. XRD pattern of porcelain sample with 2% by weight silicon carbide after sintering at 1150 ° C

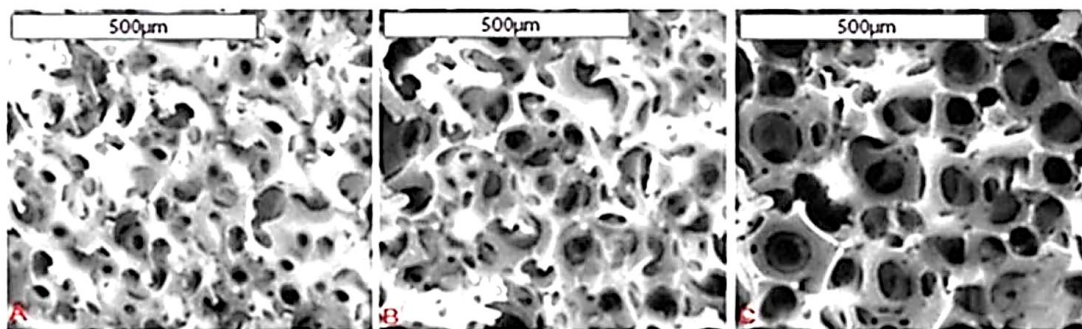


Figure 2. A) 1% sample, B) 2% sample, C) 3% silicon carbide sample.

Figure 3 shows the impact of silicon carbide on the porosity size for samples sintered at 1150 for 20 minutes. Under the same conditions, samples with 3% silicon carbide have the highest porosity, and samples with 1% silicon carbide have the lowest porosity. With the increasing amount of silicon carbide in the structure, the pores' size has increased significantly in 2 to 3%.

Figure 4 shows the results obtained by light spectroscopy on each of the four dental porcelain specimens and the natural tooth specimens with a different porosity percentage. The structure of natural teeth in the area of enamel and dentin is almost similar and contains 30% of minerals (inorganic including proteins) and water and 70% of hydroxyapatite Ca₁₀(PO₄)₆(OH)₂ in terms of weight and 55% and 45% of The opinion is voluminous.

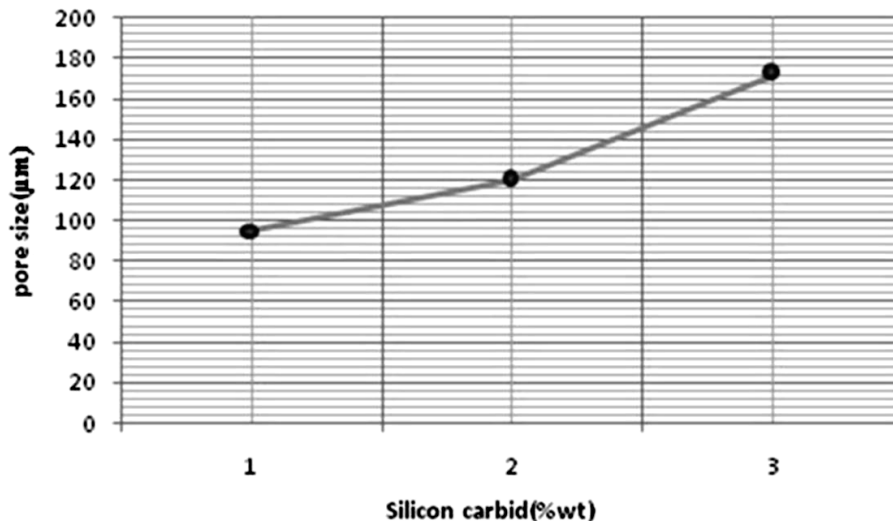


Figure 3. Effect of the amount of silicon carbide in the structure on the size of the pores.

As shown in Figure 4, photon emission intensity increased with increasing porosity compared to each other and with the control sample and approached the natural tooth. As silicon carbide increases in the structure, porosity is created. The intensity of photons reaching the photocell increases. The difference between the control sample and the sample with silicon carbide confirms this. At higher percentages of silicon carbide, the photons' intensity has increased. It is closer to the natural tooth, which indicates the appropriate effect of interconnected porosity in dental porcelain on its luminescence properties.

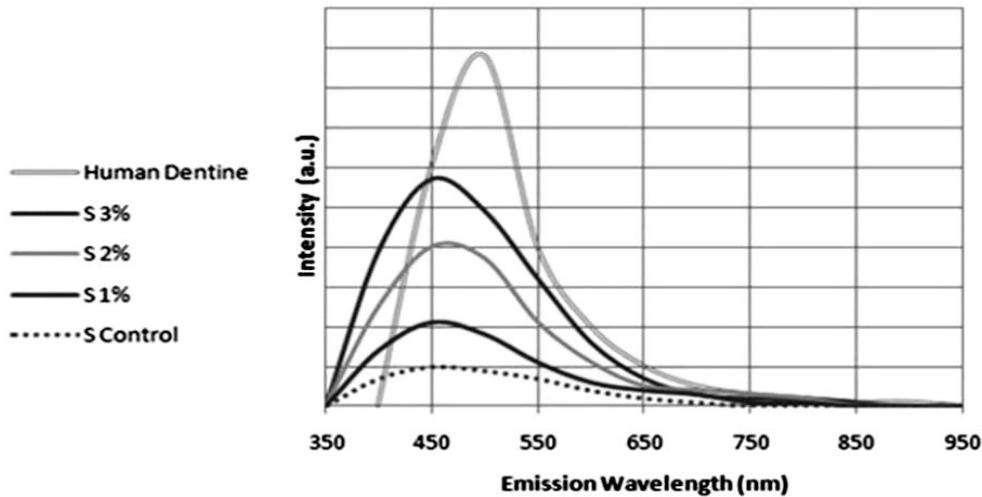


Figure 4. Comparative spectrophotometer for natural teeth and porcelain specimens.

This study aimed to investigate the effect of porosity in dental plaque on its optical properties and luminescence, which are in good agreement with other researchers' results [21-27]. The physical properties of porcelain that lead to light absorption can affect the ceramic's optical parameters, such as translucency [26, 28]. A substance consisting of fine particles (approximately 0.1 mm in diameter) has a lower norm, while larger particles (approximately 10 mm in diameter) result in surface reflection after light impact, light refraction when passing through, and light absorption [21, 29]. Ceramics with a lower crystalline phase are generally translucent. Zhang *et al.* [22] reported that the semi-transparency of ceramics containing the crystalline phase is 55% lower than that of porcelain without the crystalline phase. Simultaneously, crystalline phases have less effect on porosity semi-transparency than porosity, which indicates the importance of porosity on the optical properties of porcelain, which is in good agreement with the results of this study [20-29].

Figueiredo *et al.* [23] studied three commercial composite resin samples. They showed that resin samples emit different wavelengths with varying intensities depending on the sample type and radiation wavelength. However, all of them emit peaks between 380. They have up to 480 nm. These values were in line with the Lutskaya study [24-26], which was performed on several patients of different age groups and several common restorative materials. According to the results of spectrophotometry, increasing the number of minerals in the samples caused the results to shift to longer wavelengths [26, 27]. Dental restorators, which included composite resins and ionomer glass, emitted the most fluorescence at a wavelength of 450 nm, compared to dentures, including low-mineral dentin and enamel, dentin and enamel. High minerals, enriched teeth, samples were taken from young patients, and samples were taken from older patients, low mineral Enamel and enriched Enamel shifted from 450 to 550 nm; however, the intensity of the radiation is greatly reduced, which indicates the great effect of the mineral

compounds of the teeth on the emitted wavelength and the intensity of the radiation. In other words, mineralized dental specimens have peaks at higher wavelengths [25].

In the present study, intra-structural porosity was created by adding SiC to dental porcelain specimens. As more and more continuous porosity in the structure increases, the necessary space is created for the photons to move and leave the structure [28]. As shown in Figure 4, high percentages of porosity increase the intensity of the emitted photons. In all studies, dental materials whose spectrophotometry was performed during the daylight wavelength have a peak at a distance of 400 to 500 nm [19]. These values depend on the manufacturer and the selected color of the restorative material [21]. Spectrophotometric results for porcelain samples in this study showed that all samples had the highest intensity at approximately 450 nm. Their transparency gradually decreased at longer wavelengths and very low at wavelengths above 600 nm [26]. The peak diffusion intensity was observed for natural teeth at 470 wavelengths and for samples at 450 nm [27]. At 450 to 650 wavelengths, natural tooth fluorescence is higher and more intense than all-porcelain specimens. It is approximately similar at wavelengths above 650 nm [25].

The results obtained from spectrophotometry are also consistent with the Lutskaya study [24]. Similarly, the presence of more minerals in the structure caused the radiation wavelength shift in the dental sample compared to the restorative samples. However, in general, the increase in porosity in the restorative material structure has increased the intensity of diffusion. It has brought the transparency of porcelain closer to the transparency of natural teeth. The propagation wavelength range is the same for fabricated and natural teeth. However, differences in the crystal structure, natural tooth composition, tubule orientation, and physiological fluids in the dental tubules have caused diffusion wavelength shifts [25, 29].

4. Conclusions

This study has shown that with increased porosity in the porcelain structure, the transparency of the sample increases, and it approaches the natural tooth. However, due to the difference in the structural composition of the shift of about 20 nm in the peak intensity of dental fluorescence relative to porcelain is observed, which, although not negligible, is acceptable because the teeth and porcelain are in the same wavelength range. The presence of porosity in the structure of the filler material causes the freedom of movement of photons, reduces the internal collisions of photons, and increases the intensity of output photons due to the sample's transparency. In this study, to simulate these dental tubules, controlled porosity was created in the porcelain structure, which improves the optical properties of this dental material, which can be very promising for cosmetic restoration applications.

Funding

This research received no external funding.

Acknowledgments

The authors of the article consider it necessary to thank the Campus of New Sciences and Technologies of Tehran University and the Bioceramics Laboratory of the Amirkabir University of Technology for supporting the present research.

Conflicts of Interest

The authors declare no conflict of interest.

References

1. Lin, G.S.S.; Ghani, NRNA; Ismail, N.H.; Singbal, K.P.; Yusuff, N.M.M. Polymerization Shrinkage and Degree of Conversion of New Zirconia-Reinforced Rice Husk Nanohybrid Composite. *European Journal of Dentistry* **2020**, *14*, 448-455; <https://doi.org/10.1055/s-0040-1713951>.
2. Suryawanshi, A.S.; Behera, N. Tribological behavior of dental restorative composites in chewable tobacco environment. *Proceedings of the Institution of Mechanical Engineers, Part H: Journal of Engineering in Medicine* **2020**, *234*, 1106-1112, <https://doi.org/10.1177/0954411920940829>.
3. Raorane, D.V.; Chaugule, R.S.; Pednekar, S.R.; Lokur, A. Experimental synthesis of size-controlled TiO₂ nanofillers and their possible use as composites in restorative dentistry. *The Saudi Dental Journal* **2019**, *31*, 194-203, <https://doi.org/10.1016/j.sdentj.2019.01.008>.
4. Cidreira Boaro, L.C.; Pereira Lopes, D.; de Souza, A.S.C.; Lie Nakano, E.; Ayala Perez, M.D.; Pfeifer, C.S.; Gonçalves, F. Clinical performance and chemical-physical properties of bulk fill composites resin — a systematic review and meta-analysis. *Dental Materials* **2019**, *35*, e249-e264, <https://doi.org/10.1016/j.dental.2019.07.007>.
5. de Menezes, L.R.; da Silva, E.O. Obtaining and characterizing dental hybrid composites with clay or silica nanoparticles and boron-aluminum-silicate glass microparticles. *Polímeros* **2019**, *29*, <https://doi.org/10.1590/0104-1428.01416>.
6. Ritto, F.P.; da Silva, E.M.; Sampaio-Filho, H.R.; Lacerda, R.A.; Borges, M.A.P.; Bastian, F.L. Physical-mechanical evaluation of a microhybrid and a nanofilled composite light activated by quartz-halogen tungsten and light-emitting diode. *Journal of Composite Materials* **2018**, *53*, 981-990, <https://doi.org/10.1177/0021998318793720>.
7. Kinga, B.; Agata, S.; Michal, K.; Jerzy, S. The influence of filler amount on selected properties of new experimental resin dental composite. *Open Chemistry* **2018**, *16*, 905-911, <https://doi.org/10.1515/chem-2018-0090>.
8. Alzraikat, H.; Burrow, M.F.; Maghaireh, G.A.; Taha, N.A. Nanofilled Resin Composite Properties and Clinical Performance: A Review. *Operative Dentistry* **2018**, *43*, E173-E190, <https://doi.org/10.2341/17-208-T>.
9. Alajely, M.S. Synthesis and characterizations of new dental composites using calciumfluoro aluminosilicate glass. *Open Access Journal of Science* **2018**, *2*, <https://doi.org/10.15406/oajs.2018.02.00064>.
10. de Almeida Salema, C.F.B.; de Barros Silva, P.G.; da Costa Oliveira, P.M.; Lima, J.P.M.; da Silva, R.H.A.; Nobre, T.F.G.; Bezerra, T.P. Forensic study of mechanical properties of dental restoration after burial in mangrove environment. *Forensic Science International* **2020**, *308*, <https://doi.org/10.1016/j.forsciint.2020.110166>.
11. Piccoli, Y.B.; Lima, V.P.; Basso, G.R.; Salgado, V.E.; Lima, G.S.; Moraes, R.R. Optical Stability of High-translucency Resin-based Composites. *Operative Dentistry* **2019**, *44*, 536-544, <https://doi.org/10.2341/18-025-L>.
12. Liang, J.; Peng, X.; Zhou, X.; Zou, J.; Cheng, L. Emerging Applications of Drug Delivery Systems in Oral Infectious Diseases Prevention and Treatment. *Molecules* **2020**, *25*, <https://doi.org/10.3390/molecules25030516>.
13. Islam, M.T.; Dominguez, A.; Alvarado-Tenorio, B.; Bernal, R.A.; Montes, M.O.; Noveron, J.C. Sucrose-Mediated Fast Synthesis of Zinc Oxide Nanoparticles for the Photocatalytic Degradation of Organic Pollutants in Water. *ACS Omega* **2019**, *4*, 6560-6572, <https://doi.org/10.1021/acsomega.9b00023>.
14. Shen, Y.-Q.; Zhu, Y.-J.; Chen, F.-F.; Jiang, Y.-Y.; Xiong, Z.-C.; Chen, F. Antibacterial gluey silver-calcium phosphate composites for dentine remineralization. *Journal of Materials Chemistry B* **2018**, *6*, 4985-4994, <https://doi.org/10.1039/C8TB00881G>.
15. Chen, Y.-D.; Ngo, T.H.-B.; Chang, Y.-C.; Lin, D.-J.; Hsu, H.-C. Emission spectra of hexagonal zinc oxide microrods due to resonant modes. *Journal of the Optical Society of America B* **2018**, *35*, <https://doi.org/10.1364/JOSAB.35.002228>.
16. Kim, J.H.; Joshi, M.K.; Lee, J.; Park, C.H.; Kim, C.S. Polydopamine-assisted immobilization of hierarchical zinc oxide nanostructures on electrospun nanofibrous membrane for photocatalysis and antimicrobial activity. *Journal of Colloid and Interface Science* **2018**, *513*, 566-574, <https://doi.org/10.1016/j.jcis.2017.11.061>.
17. Chen, S.; Yang, J.; Jia, Y.-G.; Lu, B.; Ren, L.; A Study of 3D-Printable Reinforced Composite Resin: PMMA Modified with Silver Nanoparticles Loaded Cellulose Nanocrystal. *Materials* **2018**, *11*, <https://doi.org/10.3390/ma1122444>.
18. Brandão, N.L.; Portela, M.B.; Maia, L.C.; Antônio, A.; e Silva, V.L.M.; da Silva, E.M.; Model resin composites incorporating ZnO-NP: activity against *S. mutans* and physicochemical properties characterization. *Journal of Applied Oral Science* **2018**, *26*, <https://doi.org/10.1590/1678-7757-2017-0270>.

19. Stencel, R.; Kasperski, J.; Pakieła, W.; Mertas, A.; Bobela, E.; Barszczewska-Rybarek, I.; Chladek, G. Properties of Experimental Dental Composites Containing Antibacterial Silver-Releasing Filler. *Materials* **2018**, *11*, <https://doi.org/10.3390/ma11061031>.
20. Rout, S.; Qi, Z.; Petrosyan, L.S.; Shahbazyan, T.V.; Biener, M.M.; Bonner, C.E.; Noginov, M.A. Effect of Random Nanostructured Metallic Environments on Spontaneous Emission of HITC Dye. *Nanomaterials* **2020**, *10*, <https://doi.org/10.3390/nano10112135>.
21. Graeff, R.; Guedes, A.; Quintana, R.; Wendt-Hornickle, E.; Baldo, C.; Walseth, T.; O'Grady, S.; Kannan, M. Novel Pathway of Adenosine Generation in the Lungs from NAD⁺: Relevance to Allergic Airway Disease. *Molecules* **2020**, *25*, <https://doi.org/10.3390/molecules25214966>.
22. Imai, Y. Generation of Circularly Polarized Luminescence by Symmetry Breaking. *Symmetry* **2020**, *12*, <https://doi.org/10.3390/sym12111786>.
23. Gudkov, S.V.; Penkov, N.V.; Baimler, I.V.; Lyakhov, G.A.; Pustovoy, V.I.; Simakin, A.V.; Sarimov, R.M.; Scherbakov, I.A. Effect of Mechanical Shaking on the Physicochemical Properties of Aqueous Solutions. *International Journal of Molecular Sciences* **2020**, *21*, <https://doi.org/10.3390/ijms21218033>.
24. Ortensi, L.; Vitali, T.; Bonfiglioli, R.; Grande, F. New Tricks in the Preparation Design for Prosthetic Ceramic Laminate Veneers. *Prosthesis* **2019**, *1*, 29-40, <https://doi.org/10.3390/prosthesis1010005>.
25. Jin, S.; Choi, J.-W.; Jeong, C.-M.; Huh, J.-B.; Lee, S.-H.; Lee, H.; Yun, M.-J. Evaluating the Wear of Resin Teeth by Different Opposing Restorative Materials. *Materials* **2019**, *12*, <https://doi.org/10.3390/ma12223684>.
26. Al Moaleem, M.M.; AlSanosy, R.; Al Ahmari, N.M.; Shariff, M.; Alshadidi, A.A.; Alhazmi, H.A.; Khalid, A. Effects of Khat on Surface Roughness and Color of Feldspathic and Zirconia Porcelain Materials under Simulated Oral Cavity Conditions. *Medicina* **2020**, *56*, <https://doi.org/10.3390/medicina56050234>.
27. Barro, Ó.; Arias-González, F.; Lusquinos, F.; Comesaña, R.; del Val, J.; Riveiro, A.; Badaoui, A.; Gómez-Baño, F.; Pou, J. Effect of Four Manufacturing Techniques (Casting, Laser Directed Energy Deposition, Milling and Selective Laser Melting) on Microstructural, Mechanical and Electrochemical Properties of Co-Cr Dental Alloys, Before and After PFM Firing Process. *Metals* **2020**, *10*, <https://doi.org/10.3390/met10101291>.
28. Han, X.; Sawada, T.; Schille, C.; Schweizer, E.; Scheideler, L.; Geis-Gerstorfer, J.; Rupp, F.; Spintzyk, S. Comparative Analysis of Mechanical Properties and Metal-Ceramic Bond Strength of Co-Cr Dental Alloy Fabricated by Different Manufacturing Processes. *Materials* **2018**, *11*, <https://doi.org/10.3390/ma11101801>.