Development of a Low-Cost Adsorbent Obtained from *Moringa Oleifera* and Functionalized with Iron Nanoparticles for Removal of Oil from Produced Water

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Abstract: An activated carbon was developed from *Moringa oleifera* seed and modified with iron nanoparticles (AC-Fe) for application in the oils and greases (O&G) adsorption of the produced water. Activated carbon was prepared by pyrolysis and chemical activation using NaOH. Surface modification was performed by the wet impregnation method. AC-Fe was characterized by scanning electron microscopy (SEM), Brunauer-Emmett-Teller surface area analyzer (BET), X-ray diffraction (XRD), Fourier transform infrared spectroscopy (FTIR), Boehm titration, and point of zero charge (pH_{PZC}). The amount of O&G adsorbed on AC-Fe was sensitive to pH, initial concentration and temperature, but independent of ionic strength. Freundlich isotherm adjusted well, confirming the heterogeneous distribution of active sites and multilayer. The pseudo-second-order kinetic model accurately represents the O&G adsorption process by AC-Fe. Under different temperatures, the maximum amount of O&G adsorption in AC-Fe calculated by the pseudo-second-order kinetic model was 121.95 mg g⁻¹ (298 K), 111.11 mg g⁻¹ (303 K), and 106.38 mg g⁻¹ (308 K). This high adsorption capacity demonstrates the new material potential as a low-cost adsorbent for O&G removal.

Keywords: *Moringa oleifera*; biomass; activated carbon; modified surface; adsorption; produced water.

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1. Introduction

The produced water (PW) in oil fields is the largest effluent generated during oil and natural gas extraction operations. Around 250 million PW barrels are extracted worldwide, being 40% discarded in the environment [1]. The PW contains different organic and inorganic materials, including oils and greases (O&G), minerals, heavy metals, and dispersed solids. Substances typically classified as O&G include especially hydrocarbons and fatty acids, which Pintor *et al.* (2016) [2] consider one of the most complicated pollutants to remove from wastewater in oil processing, being able to cause major impacts. Even the thinnest layer of oil affects aquatic life, decreasing the light penetration and the oxygen transfer between air and water, threatening the ecosystem [3,4]. For this reason, O&G limits on PW discharge in oil processing are imposed by environmental law in most countries. In Brazil, the National Council for the Environment (CONAMA) establishes, through Resolution 393 from 2007, that the

disposal of PW must comply with the simple monthly arithmetic concentration of oils and greases (TOG) up to 29 mg L^{-1} , with a maximum daily value of 42 mg L^{-1} [5].

Several technologies, separate or integrated, have been used for the PW treatment, coagulation or electrocoagulation, flotation, chemical/electrochemical oxidation, nanofiltration, adsorption, biological treatment, heat process, among others [3,6–14]. However, most of these technologies face high-cost problems, low efficiency, or large occupation areas [9]. Among these techniques, adsorption is considered one of the most promising technologies due to its easy operation, high efficiency, and economic advantages [15]. Another advantage of the adsorption process is the possibility of adsorbent regeneration and oil recovery.

Activated carbon (AC) is recognized as the most used adsorbent in the water and effluents treatment due to its low cost and large adsorption capacity, especially organic compounds. It is a carbon-based material with a large surface area, an internal porous structure with a variable pore distribution, and a broad spectrum of oxygenated functional groups [16–19]. Its adsorption capacity is affected by the physical properties and the pores structure, and its chemical properties [15]. According to Bhatnagar *et al.* (2013) [20], oxygen, hydrogen, sulfur, and nitrogen are generally present in AC in the form of functional groups and/or atoms chemically attached to the structure. In the carbon structure, the main functional groups that are generally considered responsible for pollutant adsorption include carboxyl, carbonyl, phenols, lactone, and quinones. These functional groups can significantly influence the AC adsorption capacity.

Any carbonic material such as petroleum, wood, coal, or lignite waste can be used for AC production. However, these materials are expensive and/or non-renewable [19,21]. Recently, the use of biomass as a raw material for AC production has become a promising approach because it reduces cost and is more available. In recent times, the precursors used to synthesize various carbon porous materials have been coconut shell [22], Bulgarian peach [23], palm bark [24], corn cob, wheat bran, rice husk, soybean husk [25], buckwheat husks [26], sugarcane bagasse [27], *Acacia erioloba* pod [28], sunflower seed [29], cassava stem [30], among others. More recently, Santos *et al.* (2020) [31] produced porous carbon from the *Moringa oleifera* pod and seed, an adaptable plant in tropical countries, resistant to water crises and productive during the whole year. The coal produced removed 87.2% of the oils present in the PW but only reached the equilibrium after 4 h.

Currently, there are many studies on chemical modification on the AC surface, and the adsorptive contribution of these changes in surface characteristics was very important [15,20]. According to literature reports, AC impregnated with metals has been widely used to enable the formation of active catalytic sites [15,32–36]. Tsoncheva *et al.* (2015) [36] showed that ACs derived from various agricultural wastes could be adequate support of iron-based catalysts for methanol decomposition. Cheng *et al.* (2018) [33] prepared an AC and modified its surface with iron and cério to remove methylene blue from effluent. Compared to the initial AC, the maximum monolayer adsorption capacity was increased by 27.31%. Hassan *et al.* (2017) [34] produced AC from flamboyant pods and impregnated it with iron to remove diazinon from the water. The iron-modified AC adsorption capacity was approximately three times higher than the unmodified AC. Besides, the first presented a more acidic nature. Iron-based materials have been reported to have advantages in cost, chemical stability, and environmental consequences [37].

Although many studies have been dedicated to preparing and synthesizing various types of highly effective adsorbents, there is no iron-modified AC for PW oil removal in the

literature. In this context, this work developed modified AC with iron nanoparticles from the *Moringa oleifera* seed, applying it as an adsorbent for O&G removal. Adsorption isotherms and kinetics were also studied to derive thermodynamic and mass-transport parameters, fundamental for the design of a large-scale adsorption unit.

2. Materials and Methods

2.1. Materials.

Sodium hydroxide (NaOH), sodium chloride (NaCl), hydrochloric acid (HCl), and iron nitrate III, acquired from Vetec Co., Ltd, Brazil, were used as reagents in this study. The PW model used in the kinetic experiments was prepared in the laboratory from crude oil and sodium chloride to obtain the initial concentrations of 300 mg L⁻¹ and 10000 mg L⁻¹. Crude oil originates from the basin located in Sergipe and Alagoas's states and supplied by an oil explorer. *Moringa oleifera* seeds were collected in Aracaju, Sergipe.

2.2. Preparation of adsorbent.

The AC was produced from the Moringa oleifera seed. The AC synthesis was performed according to the method previously reported [31], with some adaptations. By mechanical extraction, the oil contained inside the seeds has been removed. Then, the seeds were crushed, washed, and dried in an oven at 383 K for 12 h. The powder obtained from the moringa seed was sieved and separated so that the biomass presented 35 MESH as standard granulometry. The biomass was then pyrolyzed at 873 K with a nitrogen flow of 5 mL min⁻¹ using a laboratory-scale stainless steel reactor. The pyrolysis time was 50 min (after the reactor reached pyrolysis temperature) and constant heating rate 30 °C min⁻¹. The reactor is heated with a heating blanket. The temperature is checked using a K-type thermocouple located inside the reactor. The obtained carbon was left in contact with a 1 M NaOH solution for 120 min for chemical activation, being magnetically agitated and dried at 378 K for 4 h. It was then heated to the temperature of 873 K, being kept for 60 min. After cooling, it was washed with HCl 0.1 M solution until it reaches pH 7.0 to eliminate activating agent residues and other inorganic species formed during the process. In the washing step, the carbon was separated using a membrane filter [31]. The carbon obtained was dried at 378 K until complete drying and kept in a closed container. This carbon produced was then modified by a metallic salt solution, by the wet impregnation method [15]. The AC was placed in a solution of 0.05 mol L^{-1} Fe(NO₃)₃ in the proportion of 1 g / 20 mL. Then the mixture was magnetically stirred at room temperature for 24 h. The modified AC was washed with deionized water until the supernatant pH reached 7. It was then dried at 378 K for 24 h and marked as AC-Fe.

2.3. Physicochemical characterization.

The powder diffraction data of the materials were collected using a Bruker X-ray powder diffractometer (XRD), equipped with a Cu tube operating at 30 kV and 30 mA. The analyses were performed with CuK α radiation, step size of 0.02°, and counting time of 2°/min. The analysis of the sample consisted of data collection in the range of 5 to 70° 2 θ . The adsorbent's distribution and structure were examined by a field emission scanning electron microscope (SEM) using the Hitachi TM 3000 model equipment, operating with an acceleration voltage of 5 kV, filament current of 1850 mA under high vacuum. Nitrogen

adsorption-desorption isotherms at 77 K were measured using MicrotracBEL equipment. An automatic physical adsorption analyzer, ASAP 2020 HD88, produced by Micromeritics, Inc. was used to detect the pore diameter and specific surface area (S_{BET}), using the BET method.

The functional groups of the surface were determined by FTIR spectroscopy, using the Shimadzu equipment, model IRPrestige-21, and Boehm titration. The surface functional groups were determined using a modification of the Boehm titration method: 1 gram of each activated carbon sample was immersed in different vials containing 50 mL of 0.05M solutions of HCl, NaOH, NaHCO₃, or Na₂CO₃. The sample was agitated under nitrogen atmosphere to remove atmospheric CO₂; then, 10 mL of each solution were potentiometrically titrated with HCl or NaOH 0.05M previously standardized for basic and acidic solutions, respectively [38,39]. The pH of the point of zero charges (pH_{pzc}) was estimated according to the method described by Mueller *et al.* (1980) [40].

2.4. Adsorption experiments.

Adsorption tests were conducted under different conditions, mixing a known dosage of adsorbent (2.5 g L⁻¹) with 200 mL of model PW. The tests were performed for 4 h at a controlled temperature under the agitation of 200 rpm. The ionic force effect was analyzed using different NaCl concentrations (0 - 20 g L⁻¹). To observe the effect of pH, experiments were carried out at pH 4, 5, 6, 7, 8, and 9. For adsorption isotherms, the initial concentration of O&G (100 – 500 mg L⁻¹) and temperature (298, 308, and 318 K) were varied. At pre-established time intervals, the spare samples were collected, and TOG analysis was performed. The tests were performed in triplicate.

The adsorption capacity in equilibrium is calculated by Eq. (1):

 $q_e = V (C_0 - C_e) / m$

(1)

where q_e is the adsorption capacity in the balance of activated carbon (mg g⁻¹), V is the volume of the solution (L), C₀ is the initial concentration of oils and greases (mg L⁻¹), C_e is the concentration of oils and greases in equilibrium (mg L⁻¹) and m is the amount of activated carbon (g).

Spectro Scientific's Infracal oil and grease analyzer was used to determine the O&G concentration. The analyzer works by infrared absorption spectrometry.

2.5. Desorption and regeneration.

The desorption experiment examined the potentiality of the adsorbent to be regenerated. AC-Fe samples obtained from adsorption experiments were collected by centrifugation and filtration. An amount of activated carbon loaded with O&G was desorbed using distilled water and HCl 0.1 M solution. Then, the regenerated adsorbent was completely dried [41–43]. For reuse studies, regenerated adsorbent (0.25 g L⁻¹) was mixed with 200 mL of O&G solution (300 mg L⁻¹) at 298 K. This adsorption-desorption cycle was performed three times.

3. Results and Discussion

3.1. Characterization of the activated carbon.

The configuration of the surface functional groups is considered an important factor in determining activated carbon's adsorption behavior. The FTIR spectra can characterize the surface functional groups of carbons. As shown in Figure 1, the AC and AC-Fe spectra

presented similar peaks, indicating chemical composition with differences in the modified AC's surface. There are functional groups, such as the elongation vibration around 3400 cm⁻¹ in the two materials. This peak can be attributed to the elongation of the hydroxyl groups' vibrations but indicating water presence and the carboxylic or phenolic groups in the materials' structure. Stretching vibration representing aliphatic C-H and group CH₂ (around 2880 and 2900 cm⁻¹, respectively), carbonyl group C = O (around 1600 cm⁻¹), C = C (around 1440 cm⁻¹) and phenolic groups (around 1080 cm⁻¹) [44–46]. The band close to 600 cm⁻¹ is attributed to the Fe-O vibration, indicating that the impregnation occurred and Fe-O complexes or iron oxides in the AC-Fe [23,47,48]. According to Anjum *et al.* (2019) [49], the introduction of these groups on the AC's surface increases the polarity and alters the surface load.



Figure 1. FTIR spectra of the AC and AC-Fe.

The SEM analysis characterized the microstructures of the activated carbons. Figure 2 shows the morphology of the AC surface, before and after activation with NaOH, and of the AC-Fe. It is observed that, without the NaOH (Figure 2a) activation, the carbon presented porous structures on the surface, caused by devolatilization. However, carbon porosity was still low. With the NaOH activation, many larger pores were developed on the external coal surface, which favored the development of meso-micropores in the internal surface (Figure 2b). This interconnected meso-micropores structure can promote mass transfer and improve the adsorption capacity of O&G molecules [44]. However, after impregnation with Fe, the activated carbon surface was peeling and quite rough (Figure 2c), indicating that the metal ions were successfully charged into the activated carbon. The term impregnation is defined as the fine distribution of chemicals and/or metal particles in the AC pores [20].

XRD patterns were used to analyze the crystalline structures of the adsorbents. The Xray diffraction spectra of AC and AC-Fe are shown in Figure 3. The centralized extended signal at 25° on the AC diffractogram confirmed amorphous carbon presence, and the signal at 30° indicates graphitic carbon presence. In the AC-Fe diffractogram, there are signals at 51° and 75° that indicate organized carbon presence [50].

Figure 4 shows the results of the N_2 physisorption analysis for the materials. The isothermal profile provides truly relevant information about the materials. The N_2 adsorption isotherm is widely used for the characterization of surface areas and pore structures. Here, the coals presented type IV isotherms, characteristics of mesoporous materials characterized by hysteresis by desorption, with microporosity [50,51].



Figure 2. SEM images of the AC (a) before activation; (b) after activation with NaOH; (c) AC-Fe.



Figure 3. XRD spectra of (a) AC; (b) AC-Fe.

Hysteresis is formed when the desorption curve does not coincide with the isotherm adsorption curve, where the lower line represents the amount of gas adsorbed with increasing pressure and the line above the desorbed gas amount. The hysteresis of these materials is type H4, which refers to non-homogeneous laminar pores with some interconnectivity. This isothermal profile does not exclude the existence of microporosity, with openings smaller than 20 Å [50]. The amount of nitrogen adsorption increases sharply when $P/P_0 > 0.80$, indicating that the presence of mesoporous structures is abundant [15]. In addition, the N₂ adsorption-desorption isotherms of the coals show that after the modification, the adsorption of N₂ decreased, indicating that the metal blocked some holes in the modified activated carbon [44,50]. This can be proven by BET surface area and pore volume.



Figure 4. Nitrogen adsorption isotherm of the AC and AC-Fe.

By using the BET method, it was observed that AC-Fe is porous. The AC-Fe reached a specific surface area very close to what was achieved using grape seed, $603 \text{ m}^2 \text{ g}^{-1}$ [36]. The specific surface area and pore volume for the AC-Fe were 578.4 m² g⁻¹ and 0.48 cm³ g⁻¹. The carbon that Santos *et al.* (2020) [31] developed from *Moringa oleifera* had a specific surface area of 660.78 m² g⁻¹, about 15% larger than the AC-Fe produced in this work. A smaller surface area for AC-Fe can be explained, mainly because iron occupies part of the available pores. Besides, part of the mass comprising the material is formed by metallic iron, whose specific surface area is intrinsically low [23,50]. The pore volume determined for the AC-Fe was 0.40 cm³ g⁻¹. Studies suggest that the volumes of conventional mesoporous activated carbons are in the range of 0.1-0.50 cm³ g⁻¹, according to the volume determined for AC-Fe [52]. The average pore size of AC-Fe is 3.19 nm, which indicates that carbon is mesoporous due to most pores being in the range of 1 to 4 nm [33].

The functional group determination of the surface by Boehm titration, Table 1, indicated that the AC before activation with NaOH has acidic nature. The acid-base titration results suggest that NaOH activation added basic functional groups with more positive load, and AC after NaOH activation became basic, which was confirmed by pH_{pzc} values. Under alkaline solutions, OH ions are expected to react with the AC surface functional groups [20,53]. According to Bhatnagar *et al.* (2013) [20], carbon alkaline treatment is beneficial for increasing adsorption of especially organic species, such as phenol, present in PW. Chiang *et al.* (2002) [54] found that the AC treated with NaOH showed a significant increase in the concentration of phenolic functional groups on the surface, as also observed in this article. It is also observed in Table 1 that the number of basic groups decreased after AC impregnation with iron. These changes suggested that iron impregnation altered the AC surface, functional groups.

	Acidi	c groups (mmo	l g ⁻¹)	Basic	Total acidic	
Sample	Carboxylic	Lactones	Phenolics	groups (mmol g ⁻¹)	groups (mmol g ⁻¹)	pH _{pzc}
AC before activation with NaOH	0.430	0.083	0.204	0.459	0.717	5.5
AC after NaOH activation	0.269	0.036	0.237	0.625	0.542	8.2
AC-Fe	0.234	0.061	0.228	0.592	0.523	7.4

Table 1. Functional surface groups analyzed by Boehm method and point of zero charge.

The point of zero charges for AC and AC-Fe was determined by the method described by Mueller *et al.* (1980) [40], resulting em pH_{pzc,AC} = 8.2 e pH_{pzc,AC-Fe} = 7.4. This indicates that

the AC and AC-Fe surface is positively charged at pH values below 8.2 and 7.4, respectively. And it is negatively charged at pH values greater than 8.2 and 7.4, respectively.

3.2. Influence of ionic strength on the adsorption of O&G.

There are many ions in PW; therefore, research on ionic strength effect on the adsorption of O&G by AC and AC-Fe was carried out. Figure 5 shows O&G adsorption by AC and AC-Fe at different NaCl concentrations. As shown, the change in O&G removal rate when NaCl concentration is increased is not significant. This can happen because O&G are generally organic macromolecules, and macromolecules cannot easily enter the pores of activated carbon, while most inorganic ions can be adsorbed in the micropores of activated carbon [15]. Besides, the influence of ion competition on adsorption can be considered. Chlorine ions and metal ions in activated carbon would form chlorides to compete with O&G at adsorption sites. However, it is observed that the adsorptive contribution of impregnation on the AC surface characteristics was important.



Figure 5. Effect of different ionic strength conditions on the adsorption of O&G.

3.3. Influence of pH on the adsorption of O&G.

The pH solution is one of the determining factors that control the adsorption capacity of the adsorbent. The O&G adsorption capacity by AC and AC-Fe as a function of pH ranging from 4 to 9 is presented in Figure 6. It is observed that the adsorption capacity was practically maintained with the pH increase, up to 7.0, but an additional increase in pH led to a lower adsorption capacity in both cases. At pH between 4 and 7, the excess proton is in the surface functional groups (protonation), and the surface load becomes positive (pH < pH_{pzc}), the degree of functional groups ionization containing oxygen (carboxylic and hydroxyl groups) increases, which increases the electrostatic attractions between AC and AC-Fe and the molecules that form O&G. On the other hand, when a proton is removed from the oxygen transport groups (deprotonation), electrostatic repulsions between the negatively charged surface (pH > pH_{pzc}) of carbons and the O&G molecules ionic form increase. That is what explains Anjum *et al.* (2019) [49] in BTX adsorption by modified activated carbon. Besides, several authors agree that the pH decrease contributes to the emulsion destabilization, resulting in an improvement in oil adsorption in various adsorbent materials. This works even better when the adsorbent also becomes positively charged via surface protonation functionality [2].



Figure 6. Effect of pH on the adsorption of O&G in AC and AC-Fe to T = 298 K, initial concentration of 300 mg L⁻¹, agitator speed of 200 rpm, adsorbent dosage 2.5 g L⁻¹, and contact time 360 min.

3.4. Influence of temperature and initial concentration on adsorption of O&G.

Figure 7 shows the relationship between q_e and C_e at three different temperatures. The increasing initial concentration up to 500 mg L⁻¹ resulted in a significant increase in the adsorption capacity. However, Mowla *et al.* (2013) [55] state that clogging effects may occur if higher oil concentrations are present.



Figure 7. Effect of initial concentration on adsorption of O&G in (a) AC; (b) AC-Fe.

The temperature has two main effects on adsorption. As the temperature of the reaction increases, the solution viscosity reduces. Thus, increasing the diffusion rate of adsorption molecules in the outer boundary layer and the adsorbent particles' internal pores [15]. In addition, as the temperature changes, the specific adsorbed adsorption balance changes. An increase in temperature leads to the chemical-surface composition effect disappearance of activated carbons on adsorption [56]. To investigate the temperature influence on O&G adsorption by AC-Fe, experiments were carried out at different temperatures (298 K, 308 K, and 318 K).

Figure 8 shows how these temperatures influence the O&G removal from PW to AC-Fe. What is observed is that as the temperature increases, the O&G adsorption decreases. This phenomenon shows that O&G adsorption by AC-Fe is an exothermic process. Although high temperatures can accelerate the O&G diffusion rate in the liquid film and the activated carbon surface voids, the adsorption balance has moved in the reverse direction as the temperature increases. Therefore, as the temperature increased and the equilibrium time decreased, the adsorption amount decreased. Thermodynamic calculations can ratify this deduction. Thus, for this adsorption process, lower temperatures make the process more efficient. Besides, Anjum *et al.* (2019) [49] affirm that higher operating temperatures can result in carbonaceous adsorbent surface degradation. Hu *et al.* (2017) and Acosta *et al.* (2018) [15,56] found a similar performance by analyzing the ceftazidime and bisphenol adsorption in activated carbon, respectively. Santos *et al.* (2020) [31] also observed that the O&G adsorption in the coal they produced is an exothermic process.



Figure 8. O&G adsorption in AC-Fe at different temperatures.

3.5. Adsorption kinetics.

Kinetic experiments were carried out to evaluate the impact of contact time and dynamic characteristics. The kinetic study shows a rapid adsorption process, with balance achieved in 120 min. Figure 9 shows that AC-Fe removes 93.1% of TOG for the 300 mg L⁻¹ initial concentration. During the initial 5 minutes, the AC-Fe removal rate was 65.7%, which can be considered extremely high. The main reasons for this phenomenon mainly involve the highest driving adsorption force during the initial minutes of the process, with weak resistance to mass transfer and, secondly, due to the high mesopores availability at the beginning of adsorption. Subsequently, it is more difficult to occupy the remaining sites due to the repulsive forces between the O&G already adsorbed in the adsorbent and those present in the solutions. Also, the molecules are forced to diffuse in micropores by decreasing the pore, leading to a reduction in the removal rate [35]. AC-Fe can then be used to remove a large O&G percentage in a short contact time.

Three kinetic models were examined to adjust the experimental data: pseudo-firstorder, pseudo-second-order, and intraparticle diffusion model.

The pseudo-first-order model is described by Eq. (2):

$$ln (q_t - q_e) = ln q_e - k_I t$$
 (2)
The pseudo-second-order model is described by Eq. (3):

 $t/q_t = 1/(k_2.q_e) + t/q_e$ The intraparticle diffusion model is described by Eq. (4): $q_t = k_{i.t}t^{1/2} + C$

(4)

(3)

Where q_t is the activated carbon adsorption capacity in time t, $q_e \ (mg \ g^{-1})$ is the adsorption capacity in equilibrium, k_1 is the constant of the pseudo-first-order rate (min^{-1}) , k_2 is the pseudo-second constant velocity order $(g \ mg^{-1} \ min^{-1})$, and k_i is the intraparticle diffusion constant speed $(mg \ (g \ min^{0.5})^{-1})$. The experimental data and the regressive results for the three

models are shown in Figure 9, and the adjusted parameters are shown in Table 2. R^2 values show that the pseudo-second-order kinetic model fits better to identify the O&G kinetic behavior adsorption in AC-Fe. The AC-Fe adsorbed equilibrium load, predicted by the pseudo-second-order model, was well agreed with the experimental value of 119.60 mg g⁻¹ at 298 K.



Figure 9. O&G adsorption experimental data in AC-Fe and the pseudo-first-order application, pseudo-secondorder, and intraparticle diffusion models to T = 298 K, initial concentration 300 mg L⁻¹, agitator speed of 200 rpm, the dosage used 2.5 g L⁻¹ and contact time 360 min.

The kinetic velocity constant k₂ calculated was 12.27×10^{-4} g mg⁻¹ min⁻¹, at 298 K. This constant value was higher than that determined by Santos *et al.* (2020) [31], 5.63x10⁻⁴ g mg⁻¹ min⁻¹, for the O&G adsorption in activated carbon based on *Moringa oleifera* without chemical modification. The difference in k₂ between AC and AC-Fe is attributed to the metal ions impregnation process. This indicates that by impregnating AC with iron, the O&G removal rate has been improved. The results mentioned above indicate that iron impregnation after carbonization plays a significantly important role in distributing pore structure and the surface chemical characteristics, making the O&G removal rate using AC-Fe higher than when using AC.

T (K)	Pseudo-first order				Pseudo-second order			Intraparticle diffusion	
	qe, exp (mg g ⁻¹)	qe, cal (mg g ⁻¹)	k1 (min ⁻¹)	R ²	qe, cal (mg g ⁻¹)	k2 (g mg ⁻¹ min ⁻¹)	R ²	ki	R ²
298	119.60	48.33	0.0133	0.8821	121.95	12.27x10 ⁻⁴	0.9993	4.6314	0.6508
308	110.00	48.35	0.0111	0.9393	111.11	11.09x10 ⁻⁴	0.9987	4.3101	0.6891
318	106.00	42.87	0.0107	0.8947	106.38	13.17x10 ⁻⁴	0.9991	4.1834	0.6765

Table 2. Kinetic parameters of pseudo-first-order, pseudo-second-order, and intraparticle diffusion models.T (K)Pseudo-first orderPseudo-first orderIntraparticle

Several studies have shown that modifying the activated carbon surface can increase the organic compounds adsorption capacity. The modification of commercial activated carbon and carbon fiber activated by the treatment with helium at high temperature or ammonia or impregnation with iron followed by the treatment with high-temperature ammonia was studied by Cheng *et al.* (2005) [57]. Activated carbons impregnated with iron and treated with ammonia showed significantly higher adsorption of dissolved organic matter than virgin activated carbon. The improved uptake of organic matter dissolved by iron-impregnated activated carbon was suggested due to the carbon surface's iron species presence.

Dastgheib *et al.* (2004) [58] investigated the iron-activated carbon impregnation to improve the dissolved natural organic matter (DNO) removal from natural waters and reported that iron impregnation followed by high-temperature ammonia treatment increased DNO uptake by about 50-120%. Bhatnagar *et al.* (2013) [20] showed that the activated carbon

impregnation's main advantages include catalytic properties optimization, promoting its integrated catalytic oxidation capacity, and synergism between coal and impregnation agent. Table 3 presents other adsorbents used to remove oil from the aqueous medium.

Table 3. Other adsorbents reported for oil adsorption.							
Adsorbent	Conditions	Adsorption capacity (mg g ⁻¹)	Remotion %	References			
Activated carbon from <i>Moringa oleifera</i> seed impregnated with iron	C ₀ : 300 mg L ⁻¹ ; 2.5 g L ⁻¹ of adsorbent; 298 K	121.95	94,2%	This work			
Iron Oxide/Bentonite Nano Adsorbents	C ₀ : 170 mg L ⁻¹	35.67	67% after 90 min	[62]			
Graphene nanoplatelets	C ₀ : 200 ppm; pH 6.5; 150 rpm; 3 g L ⁻¹ of adsorbent; 25 °C	85.00	68.5%	[63]			
Zeolitic imidazolate framework	C ₀ : 450 mg L ⁻¹ ; 2 mg of adsorbent; 20 °C	3000	-	[64]			
Sawdust	C ₀ : 1318 mg L ⁻¹ 0.2 g adsorbent/40 mL of PW	33	-	[65]			
Palm shell	C ₀ : 1404 mg L ⁻¹ 4 g adsorbent/40 mL of PW	5.6	-				

C₀: initial oil concentration in PW

3.6. Adsorption isotherms.

Adsorption isotherms have been studied to analyze adsorption mechanisms and evaluate how adsorbed molecules are distributed in the adsorbent. Three isothermal models were used to determine which of them is the best combination for the adsorption process, Langmuir (Eq. 5), Freundlich (Eq. 6), and Temkin (Eq. 7) models:

$$\frac{1}{q_e} = \frac{1}{q_m} + \frac{1}{K_L C_e q_m}$$
(5)

$$\ln q_e = \frac{1}{n} \ln C_e + K_F \tag{6}$$

$$q_e = B \ln(K_T) + B \ln(C_e)$$
⁽⁷⁾

where, $q_e (mg g^{-1})$ and $q_m (mg g^{-1})$ represent the balance and the maximum removal amounts of O&G, $C_e (mg L^{-1})$ is the O&G equilibrium concentration (mg g⁻¹). K_L is the Langmuir adsorption rate constant associated with the adsorption rate (L mg⁻¹). K_F is a capacity factor, which indicates solid adsorbent capacity in a specific concentration of a solute, *n* is an exponential factor, which indicates the Freundlich adsorption index and describes a nonlinear degree of adsorption isotherm. B is the Temkin adsorption constant related to adsorption heat; K_T is Temkin isothermal constant (L mg⁻¹). These adjustment results are presented in Table 4.

The Freundlich model was the one that best described the isothermal adsorption data. This model assumes that adsorbents have a heterogeneous distribution of active sites. Interactions occur between adsorbed molecules, therefore, with capture by multiple layers [47,63]. The Freundlich model demonstrates that the adsorbed proportion in each adsorbent mass in relation to the solute is not constant at different solution concentrations. First, the strongest binding sites are occupied, and then an exponential decline in adsorption energy occurs [64].

3.7. Adsorption thermodynamics.

Thermodynamic parameters were determined to know the temperature effect on the adsorption of oils and greases using AC-Fe. The O&G thermodynamic parameters adsorption in AC-Fe were evaluated based on the distribution coefficient k_d, which is the ratio of the O&G

residual equilibrium concentration in solution C_e (mg L⁻¹), by the O&G amount adsorbed in activated carbon in equilibrium q_e (mg g⁻¹), Eq. (8).

Adsorbent	$\mathbf{T}(\mathbf{V})$	Langmuir isotherm				
	I (K)	q _m (mg g ⁻¹)	K _L (L mg ⁻¹)	R ²		
	298	526.32 0.0131		0.9925		
-	308	263.16	0.0163	0.9932		
-	318	250.00	0.0133	0.9839		
	T (K)	Freundlich isotherm				
		n	$K_F(L mg^{-1})$	\mathbb{R}^2		
-	298	1.1531	1.1531 8.0112			
AC-Fe	308	1.4359	7.5370	0.9969		
-	318	1.4057	5.9679	0.9956		
-	T (V)	Temkin isotherm				
-	I (K)	В	$K_T (L mg^{-1})$	\mathbb{R}^2		
	298	78.63	78.63 0.2329			
	308	58.62	0.1623	0.9542		
	318	60.20	0.1176	0.9134		

 Table 4. Langmuir, Freundlich and Temkin parameters at different temperatures.

 $k_d = q_e / C_e$

Adsorption-free energy (ΔG°) can be calculated by Eq. (9): $\Delta G^{\circ} = -RT \ln k_d$

The enthalpy variation and standard entropy adsorption were evaluated by Eq. (10). $ln k_d = (\Delta S^o/R) - (\Delta H^o/RT)$ (10)

T (K) is temperature, and R (8,314 J mol⁻¹ K⁻¹) is the gas molar constant. The O&G adsorption thermodynamic behavior in the carbons produced was evaluated by thermodynamic parameters, Gibbs energy ΔG° (kJ mol⁻¹), enthalpy variation ΔH° (kJ mol⁻¹), and entropy ΔS° (J K⁻¹ mol⁻¹). The thermodynamic parameters are summarized in Table 5. Gibbs' negative energy indicates that the adsorption process is spontaneous and thermodynamically favorable under the conditions established in this study [15,46]. As the system temperature increases, the absolute values of ΔG decrease, suggesting the downward trend of the adsorption process. This indicates that low temperatures provide better adsorption [15]. Negative ΔH confirms that the phenomenon of O&G adsorption in AC-Fe is exothermic, which produces a decrease in adsorption capacity when the process temperature increases. Besides, the adsorption properties of activated carbons can be concluded from ΔH values. According to Gong *et al.* (2020) [42], when the absolute ΔH value is between 20 and 80 kJ mol⁻¹, as observed in AC-Fe, it indicates that the physisorption and chemisorption mechanisms can dominate O&G adsorption in mesopore carbons. Physisorption occurs due to weak electrostatic interactions, including London forces, dipole-dipole forces, and Van der Waals interactions, where bands can be easily broken due to weak interactions [64,65]. According to Pintor et al. (2016) [2], many researchers agree that chemisorption occurs between oil and most adsorbent materials. Hydrophobic interactions lead to the adsorption of oil and organics from the aqueous medium by a partitioning process. Negative ΔS , in turn, indicates a decrease in randomness in the solid/liquid interface in the adsorption studied [15].

Table 5. Activation energy and thermodynamic parameters.

Activated carbon	T (K)	ΔG (kJ mol ⁻¹)	ΔH (kJ mol⁻¹)	ΔS (J K ⁻¹ mol ⁻¹)
	298	-4.195		
AC-Fe	308	-2.232	-41.84	-126.99
	318	-1.687		

(8) (9)

3.8. Adsorbent regeneration.

The reuse of carbons after desorption and regeneration is particularly important to decrease the cost of the adsorbent. To estimate the AC-Fe reuse efficacy, the worn adsorbent's regeneration was studied using distilled water and a 0.1 M solution of HCl, as shown in Fig. 10. For AC-Fe, there was a significant decrease in adsorption capacity already in the 1st cycle of use, using distilled water or HCl solution, possibly due to the blockade of active sites present on the carbon surface and changes in the adsorbent chemistry and structure. The % removal in the 1st cycle by the recycled AC-Fe was close to 66% for distilled water and 59% for HCl. Perhaps, a promising way to improve AC-Fe's reuse is iron impregnation before carbonization, rather than modification of the finished carbon surface. Gong *et al.* (2020) [42] showed that iron impregnation before carbonization is a very promising way to improve carbon reuse.



Figure 10. Regeneration of AC-Fe.

4. Conclusions

The AC-Fe functionalization with iron nanoparticles was successful. SEM and FTIR demonstrated that the nanoparticles were retained in the developed material and the Boehm method confirms that the AC impregnation with iron altered the surface groups. Adsorption studies revealed that AC-Fe effectively removed 94.2% of O&G from PW. The nitrogen adsorption isotherm for AC-Fe was a characteristic of substantially mesoporous material. The pseudo-second-order model was the one that best represented the kinetic data. For the equilibrium data, the Freundlich model was the one that best correlated, indicating the multilayer adsorption mechanism. The thermodynamic parameters indicated a spontaneous and exothermic process. AC-Fe showed that the iron impregnation's main advantage is the catalytic properties optimization. However, further research in the leaching of metals impregnated in AC should be carried out to ensure the process viability.

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Conflicts of Interest

The authors declare no conflict of interest.

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