

Review of Almond (*Prunus Dulcis*) Shell Use to Remove Pollutants from Aquatic Environments

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Abstract: We summarized the literature data on using ground almond (*Prunus dulcis*) green hull and shell as sorption materials to remove various metal ions, dyes, and some organic compounds from aqueous media. This paper provides brief information on the amount of waste generated from processing almonds, their chemical composition, and ways of reuse. It gives the adsorption processes parameters and the values of sorption parameters for the studied pollutants. It was shown that almond shells' sorption characteristics for various pollutants could be increased by chemical modification with various chemical reagents. It was determined that the Langmuir model more accurately describes the pollutants adsorption isotherms in most cases, and the kinetics of the process in all cases follows the pseudo-second-order model. It was shown that almond hulls and shells are a good precursor for activated carbons production.

Keywords: almond shells; metal ions; dyes; adsorption; modification.

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1. Introduction

Currently, the world scientific and industrial community is rapidly developing a new innovative environmental protection area – the use of lignocellulosic waste of agricultural production, as well as the components and waste of processing wood biomass of coniferous and deciduous trees as reagents to remove pollutants from water environments [1-10]. Ligno-, cellulose-, and tannin-containing wood processing wastes are of particular interest in removing pollutants of various origins from water bodies [11-15].

It was shown that crushed bark [16], sawdust [17], leaves [18] of trees are effective sorption materials to remove pollutants of various origins from natural and wastewater.

In the industrial processing of tree fruits, waste is also generated in the form of seeds [19], fruit rind [20], and nut-shells. The latter has been studied as sorption materials to remove metal ions, dyes, petroleum products, and other compounds from aqueous media. The number of papers on using tree fruit processing waste is so large that many materials are considered in the corresponding reviews. In particular, we summarized the data on the use of chestnut [21] and walnut [22] shells as a sorption material to remove pollutants from aqueous media.

One of the domesticated tree species that is a source of nuts widely used by humans is the almond.

2. Description of Trees, Volumes of Production, and Chemical Composition of Almond Shells

Almond (*Prunus dulcis*) is a shrub or small tree, subgenus Almond (*Amygdalus*), genus *Prunus*. The shrub (less commonly a small tree) is 4-6m high, very branchy. There are two types of shoots: elongated vegetative and short generative. The leaves are petiolate, lanceolate, with a long-pointed tip.

The flowers are solitary, up to 2.5cm in diameter, with white or light pink petals, numerous stamens, and a single pistil, and consist of a cup-shaped monosepalous calyx and a pink or red corolla. The flowers bloom before the leaves shoot.

The fruit is a dry velvety-downy oval monopyrenous drupe with a leathery green fleshy inedible green hull. The ripe, dry pericarp is easily separated from the shell. The shell has the same shape as the kernel itself, is covered with small dimples, sometimes with grooves, 2.5-3.5cm long, weighing 1-5g [23].

Almond production generates large amounts of by-products. While almonds' nutritional and commercial relevance is restricted to the kernel, almond by-products, constituted by hull, shell, and skin [24]. The heaviest material is the green hull, amounting on average to 52.0% of the fruit's total raw weight, while the shell and kernel (including the skin) account for about 33.0% and 15.0% of the total raw weight, respectively [24].

Almond is the raw material for the production of fatty almond oil and seeds. Almond seeds are cold or hot-pressed to produce oil that is used in the food, perfume, and pharmaceutical industries. It is used as a camphor solvent for injection, a basis for therapeutic and cosmetic ointments (it softens skin and has an anti-inflammatory effect), it is administered orally, especially for children, as a laxative, and in the form of emulsions as an enveloping and softening agent [23].

One of the largest almonds producers is the United States of America, with 1,872,500 tons of almonds produced in 2018. Other major producers of almonds are Spain (339,033 tons), Iran (139,029 tons), Morocco (117,270 tons), and Turkey (100,000 tons). The total volume of global almond production in 2018 was 3,209,878 tons [25].

The latter accounts for 55-65% (on average 60%) of the almond weight. Accordingly, the number of almond shells alone generated only in 2018 on a global scale amounted to more than 1,900 thousand tons, creating certain problems to use them.

The almond hull is a green shell or covers the thin mesocarp, which forms 35.0-62.0% of total almond of fresh weight [24, 26]. Its weight and thickness differ considerably among species; in some of them, it is dry and thin and provides a small portion of the whole fruit, while other varieties have fleshy and thick hulls, providing a big proportion of the fruit weight [24, 27]. The hull characteristics condition the fruit removal from the tree. Apart from that, the features of hulls directly influence drying after the efficiency and harvest of hull removal [24, 27]. The nutritional composition of almond hulls depends not only on the almond variety to a great extent but also on agronomical management and environmental factors that contribute strongly to the final physico-chemical and phytochemical properties of the almond kernel and its by-products. Consequently, the sugar content in almond hulls ranges from 18.0 to 30.0 %, protein content varies from 2.1 to 8.8 %, and crude fiber ranges from 10.0 to 24.9 %. Acid detergent fiber differs from 20.6 to 35.2%, neutral detergent fiber from 10.0 to 15.0 %, cellulose

from 20.6 to 35.2 %, and crude lignin ranges from 7.5 to 15.6 %. Depending on the harvest method, ashes can differ from 7.0 to 8.3 % but can be even higher than 9.0 %. In these cases, they are classified as "almond hulls and dirt" [24, 28].

Almond endocarp is known as a shell composed of compact arrangements of lignocellulosic sclereid cells. It is primarily composed of cellulose (ranging from 29.8 to 50.7 %), hemicellulose (from 19.3 to 29.0 %), and lignin (from 20.4 to 50.7 %) [24, 29]. A shell's hardness is associated with the total amount of lignin formed during the nut development [24, 27], morphology, fiber content, and outer shell adherence [24, 29].

The composition of the dry shell of almond seeds (g/kg) is as follows [30]: dry matter-971.2, organic matter-900.8, crude protein-103.4, ether extract-26.7, acid detergent fiber – 303.5, neutral detergent fiber – 619.8, water-soluble carbohydrates – 141.3, ash – 99.2. The elemental composition of the organic component of almond seed shell:

C - 44.80 %, H-7.10 %, N-0.43 %, S - <0.1 %, O-47.60 % [31].

These chemical elements are present in cellulose, hemicellulose, lignin; the composition of almond hulls and shells also includes biologically active substances from phenolic acids (vanilla, caffeic, ferulic, etc.), flavonoids (catechin, kaempferol, quercetin, morin, etc.), sterols (stigmasterol, b-sitosterol) and triterpenoids (betullic, ursulic, oleanolic, maslinic acids and etc.) classes. A more detailed list of biologically active substances in the composition of almond by-products is given in the review [24].

The world literature provides information on the use of almond processing waste in various industries [32-43]. The composition of green hulls was studied, and the latter was proposed, in particular, as livestock feed [32]. The composition of the products of almond shell delignification by extraction was studied, and it was proposed to use lignins as bio-sourced phenolic resins [33]. The production of polyester-based biocomposites containing INZEA F2® biopolymer and almond shell powder was proposed [34]. Almond shells can also be used in the production of wood-particle panels [35], cardboard [36], and bio-oil [37]. The most widespread is the burning of almond processing products to produce energy and activated carbons [38, 39]. It is proposed to use almond shell waste as a new natural dye [40], a source of oligosaccharides and antioxidants [41, 42]. Almond shell extract can be used as a corrosion inhibitor [43].

The presence of biopolymers and biologically active substances in the composition of almond processing by-products, which have various functional groups in their composition, contribute to their use as sorption materials to remove pollutants from aqueous media. This review summarizes literature information on the use of almond shells as sorption materials to remove pollutants of various nature from wastewater and natural water.

3. Use of Almond Processing By-products to Remove Heavy Metal Ions from Aqueous Media

3.1. Co(II) ions.

Almond green hull was chemically treated and used for the adsorption ions of Co(II) from aqueous solutions. This new absorbent's efficiency was studied using batch adsorption technique under different experimental conditions such as sorbent amount, initial metal-ion concentration, contact time, adsorbent particle size, and chemical treatment. The maximum adsorption capacity of this new sorbent was found to be 45.5mg/g. The optimum dose of sorbent for maximum metal-ion adsorption was 0.25 g for 51.5mg/l and 0.4 g for 110mg/l

solutions, respectively. Co (II) high removal efficiencies have occurred in the first 1 min of sorbent contact time. The Langmuir adsorption model corresponds to the experimental data appropriately well compared to the Freundlich model. Co (II) adsorption on the almond green hull was also observed to follow the pseudo-second-order kinetics [44].

3.2. Cr(VI) ions.

Adsorption of almond shell Cr^{6+} ions under static conditions at an initial concentration of Cr (VI), 10^{-3} mol/l; 0.5 g sorbent; 20 ml of adsorption medium; temperature, 25 ± 1 °C was examined. It was found that the maximum adsorption capacity of 3.40mg/g is reached at pH = 3.2. Kinetic experiments revealed that the dilute chromium solutions reached equilibrium within 100 min. It was defined that the adsorption isotherm is most accurately described by the Freundlich model [45].

At the same time, another study determined that the maximum sorption capacity of the almond shell for Cr^{6+} ions was 0.21mg/g. The adsorption was solution pH-dependent, and the maximum adsorption was observed at solution pH = 2.0. Experimental data showed a good fit with the Freundlich isotherm model. The kinetics of the process are described by the pseudo-second-order equation [46].

The selected adsorbents (wool, almond shells, etc.) were used at concentrations ranging from 2 to 24 g/dm³ in a batch adsorption technique at 30°C. At 8 g/dm³ of adsorbent, the removal of Cr^{6+} (100 ppm) was found to be between 68.7% for wool and 19.8% for almond shells. The maximum sorption capacity calculated from the Langmuir equation was 10.6mg/g [47].

3.3. Cu(II) ions.

Much more publications are devoted to the study of Cu^{2+} ions adsorption by almond processing by-products. The information is given in Table 1.

Table 1. Experiment conditions and metal ions adsorption characteristics of the native and modified watermelon rind.

Metal ion	Experiment conditions	Adsorption characteristics	Note	Source
Cu^{2+}	$\text{C}_0 = 10\text{mg/dm}^3$, DS = 10g/dm ³ , pH = 5 and t = 120min, T = 25°C.	A = 9.44mg/g	the Langmuir model, pseudo-second-order kinetics	[48]
	$\text{C}_0 = 5\text{-}50\text{mg/dm}^3$, DS = 10g/dm ³ , pH = 5, t = 100min, T = 25°C, 300rpm	A = 7.5mg/g at $\text{C}_0 = 10\text{mg/dm}^3$	the Langmuir model ($R^2 = 0.980$)	[49]
	$\text{C}_0 = 10\text{-}70\text{ppm}$, DS = 4g/dm ³ , pH = 7, t = 60min, T = 26-55°C,	The removal rate is 74.9% at $\text{C}_0 = 10\text{ppm}$, 45.6% at $\text{C}_0 = 70\text{ppm}$	pseudo-second-order model	[50]
	$\text{C}_0 = 0.005\text{-}0.05\text{mmol/ml}$, pH = 2-9, t = 10-240min, and DS = 0.1-1.0g/dm ³	A = 3.62mg/g Cu(II) ions removal rate is 75.0% at $\text{C}_0 = 10^{-3}\text{mol/dm}^3$, pH = 6	the Langmuir model ($R^2 = 0.980$)	[51]
	$\text{C}_0 = 50\text{mg/dm}^3$, DS = 0.1-1.0g/dm ³ , pH = 5, t = 60 min, T = 20°C, 125rpm	A = 4.70mg/g at DS = 0.5mg/dm ³ , Cu(II) ion removal rate is 64% at DS = 1g/dm ³	the Langmuir model ($R^2 = 0.980$), pseudo-second-order kinetics	[52]
	Native and modified almond shell. $\text{C}_0 = 25\text{-}200\text{mg/dm}^3$, DS = 4g/dm ³ , pH = 1-6, t = 100min, T = 30°C, 100rpm	A = 18.71 and 28.27mg/g for native and modified almond shell	AS: Temkin > Freundlich > Toth > Redlich-Peterson > Langmuir. pseudo-second-order kinetics ($R^2 = 0.997$)	[53], [54]
	Dynamic conditions. $\text{C}_0 = 15\text{mg/dm}^3$, the flow rate is 10-20cm ³ /min, the layer height is 7cm.	A = 12.88mg/g at a flow rate of 20 cm ³ /min	The Thomas model	[55]

Metal ion	Experiment conditions	Adsorption characteristics	Note	Source
	Dynamic conditions. $C_0 = 40\text{--}100\text{mg/dm}^3$, $DS = 5\text{--}15\text{g}$, the flow rate is $2\text{--}6\text{ cm}^3/\text{min}$.		The dose–response model	[56]

C_0 is the initial concentration of pollutants in solutions, DS is the dosage of the sorption material, T is the experiment temperature, t is the adsorption time, and A_{\max} is the maximum adsorption capacity.

3.4. Hg(II) ions.

The adsorption of Hg^{2+} ions by native and activated almond shell (RAS and AAS, respectively) was studied under the following conditions: the initial mercury ion concentration was from 25 to 100mg/dm^3 at $\text{pH} = 5$ and a temperature of 298 K . The Langmuir monolayer capacity (A_{\max}) has values of 3.77 and 37.17 mg/g for RAS and AAS, respectively. It was determined that the adsorption isotherms are described by the Langmuir model and the kinetics of the process by the pseudo-second-order model [57]. Similar data were obtained in [57], but it was determined that the maximum almond shell sorption capacity for Hg^{2+} ions, determined by the Langmuir equation, was 135.1mg/g . It was found that the adsorption process is endothermic and spontaneous [58].

3.5. Pb(II) ions.

Almond shell was studied as a sorption material to remove Pb^{2+} ions from simulated solutions with varying process parameters. It was determined that the almond shell maximum sorption capacity for this metal was 8.08mg/g after 2 hours of contact at $\text{pH} = 7$. The adsorption data are in good agreement with the Langmuir isotherm model, and it was concluded that adsorption, chelation, and ion exchange are the main adsorption mechanisms for Pb^{2+} ion binding by the sorbent under study [59].

Almond green hull magnetized using the Fe_3O_4 magnetite was used to remove Pb^{2+} ions. The maximum removal rate was reached at $\text{pH} = 9$ and an absorption dose of 5g/dm^3 . It was found that the Pb^{2+} ions removal rate decreased with an increase in the initial concentration of ions, an increase in the contact time, and the mixing rate. It was found that the removal degree was 91.34% at the initial concentration of Pb^{2+} ions = 10mg/dm^3 , $\text{pH} = 9$, and the dosage of the sorption material = 2g/dm^3 . The adsorption isotherms correspond to the Langmuir model [60]. It was also found that a simulated solution containing initially Pb^{2+} ions at a concentration of 25mg/dm^3 after treatment with almond shell at a dosage of 10g/dm^3 had some toxic effect on duckweed (*Lemna minor*) and tomato sprouts (*Lycopersicum esculentum mill*) [61].

3.6. Zn(II) ions.

The adsorption of Zn^{2+} ions with a modified 1.86% solution of H_2SO_4 of almond shells was studied. It was found that the maximum sorption capacity was 5.54mg/g , and the adsorption isotherm is more accurately described ($R^2 = 0.977$) by the Freundlich model [62].

As it appears from the data in Table 1, all studies were conducted by the authors under different conditions, which does not allow us to compare the results obtained. The results of experiments conducted under similar conditions are much more effective. In the world literature, several articles are on the study of the adsorption of various ions by almond processing by-products.

In particular, the effect of various parameters was studied on Cd^{2+} and Pb^{2+} ions removal from simulated solutions containing 10mg/dm^3 of the above metals with alkali-treated almond shells. It was found that in both cases, the highest sorption capacity was at $\text{pH} = 5$. The

suggested dosage of almond shells for adsorption of Cd^{2+} and Pb^{2+} is $1\text{--}3\text{ g/dm}^3$. The amounts of A_{max} in the Langmuir model for adsorption of Cd^{2+} and Pb^{2+} were 7.19 and 8.13 mg/g , respectively. The Langmuir model more accurately describes the adsorption isotherms in the case of the removal of these ions. The values of ΔG for adsorption of Pb^{2+} and Cd^{2+} were -33.5 and -25.5 KJ/mol , respectively. The negative value for Gibbs free energy shows that the adsorption process of Pb^{2+} and Cd^{2+} on the alkali-modified almond shell is spontaneous [63].

The adsorption capacity of almond shells (AS) for Pb^{2+} and Cd^{2+} ions was studied at $\text{pH} = 5$ in NaNO_3 and NaCl solutions in the initial concentrations range of $0.05\text{--}0.5\text{ mol/dm}^3$ and a temperature of $26\text{--}60^\circ\text{C}$. The Langmuir equation-based maximum sorption capacity values for Pb^{2+} and Cd^{2+} ions were 5.9 and 7.0 mg/g , respectively. The adsorption isotherms in both cases are well described by the Sips and Langmuir model [64].

The adsorption of Ni^{2+} , Cd^{2+} , and Pb^{2+} ions by almond shells from aqueous solutions was studied. The negative values of free change (ΔG) indicate the spontaneous nature of Ni^{2+} , Cd^{2+} , and Pb^{2+} ions adsorption by almond shells, and the positive values of the enthalpy change (ΔH) prove the endothermic nature of adsorption. The best correlation coefficients were obtained for the pseudo-second-order kinetic model. Ion exchange is probably one of the main adsorption mechanisms to bind divalent metal ions to hazelnut and almond shells. The adsorbent selectivity order is as follows: Pb^{2+} (5.43 mg/g) > Cd^{2+} (3.18 mg/g) > Ni^{2+} (3.11 mg/g) at the solution temperature of 298 K [65].

3.7. CN- ions.

Bioadsorption of cyanide by the almond shell in the batch reactor has been carried out. The optimum bioadsorbent dose is 20 g/l for an optimum agitation time of 90 minutes. The effectiveness of cyanide removal decreased with an increased initial concentration of cyanide. Maximum specific uptake obtained from Langmuir isotherm is found to be 32.05 mg/g at $\text{pH} = 7$. The experimental data have been analyzed using the Freundlich ($R^2 = 0.995$), Langmuir ($R^2 = 0.946$) and Temkin ($R^2 = 0.919$) isotherm models. These models are well represented by indicating favorable isotherm. Adsorption of cyanide onto almond shell obeyed the pseudo-second-order rate equation [66-68].

4. Use of Almond Processing By-products to Remove Dyes from Aqueous Media

Waste from the processing of agricultural raw materials and components of wood biomass has widely been studied as sorption materials for removing dyes from aqueous media [69-73].

A series of studies were carried out of Methyl orange dye removal by almond shells. It was found that the optimum set of parameters was obtained as the reaction time of 80 min , initial dye concentration of 100 mg/l , $\text{pH} = 3$, and temperature of 20°C . The equilibrium data pointed out an excellent fit to the Langmuir isotherm model with a maximum monolayer adsorption capacity of 41.34 mg/g . The standard Gibbs free energy (-6.74 kJ/mol) change was also calculated to define the biosorption process's nature. The ΔG° values obtained are within the ranges of -20 and 0 kJ/mol , confirming that physical biosorption was the dominating mechanism. It was found that the pseudo-second-order was the most relevant to describe the adsorption behavior [74-76]. The treatment of almond skin with an alkaline solution as well as with salt solution decreased the sorption ability for Methyl orange, whereas the acidic treatment increased the sorption ability markedly for the anionic dye [77].

Violet B azo dye adsorption by various agricultural raw materials processing by-products (almond shell, pistachio shell, walnut shell, Tea waste, and orange peel) was studied. The results showed that the adsorption efficiency of violet B by cellulose agricultural waste materials is as follows: almond shell > orange peel > pistachio shell > tea waste > walnut shell. It was found that the almond shell maximum sorption capacity for the above dye was 96.0mg/g [78]. In all cases, the adsorption isotherms were described more accurately by the Langmuir model. The kinetics of the process follow the pseudo-second-order model [78].

The magnetite-impregnated almond shell (MIAS) and untreated almond shell (UAS) were used as adsorbents for the removal of Methyl violet 2B dye from an aqueous solution. The pseudo-second-order represents the kinetic adsorption of dye on-to both adsorbents. Isotherm which was best fitted to Langmuir adsorption isotherm model. The monolayer Langmuir adsorption capacities of UAS and MIAS were 29.4 and 33.0 mg/g, respectively. The thermodynamic parameters, including ΔS , ΔH , and ΔG , indicated that the adsorption of Methyl violet 2B dye on-to both adsorbents were spontaneous, feasible, and endothermic [79].

Comparative batch adsorption of Crystal Violet (CV) dye using the almond shell as an adsorbent in untreated form and activated with sodium hydroxide was carried out in search of optimum adsorption conditions. The operation parameters investigated were contact time (10 to 80 min), temperature (20-50 °C), initial dye concentrations (40-240 mg/L), and pH, (2-12). Maximum adsorption was observed in a basic medium. The adsorption equilibrium of CV was attained very rapidly after 40 min of contact time. Determined that the kinetic adsorption data were best fitted to the Langmuir isotherm model and best fitted to a pseudo-second-order model. The performance of both adsorbents to adsorb CV was also compared. It was found that the adsorption capacity of almond shell activated by base was higher [80].

Presents an alternative methodology for the removal of a dye Rhodamine 6G from aqueous solutions by using the almond shell in a batch biosorption technique. The biosorption characteristics of dye onto almond shell were examined with respect to the changes in initial pH of dye solutions, initial dye concentration, adsorbent concentration, contact time, temperature etc. The monolayer biosorption capacity of AS was found to be 32.6 mg/g by using Langmuir model equations. Experimental data showed a good fit with both the Langmuir and Freundlich isotherm models. The biosorption kinetics was followed by a pseudo-second-order model for all investigated initial Rhodamine 6G concentrations. Thermodynamic parameters including the Gibbs free energy ($\Delta G^\circ = -0.92$ to -4.45 kJ/mol with an increase in temperature from 0 to 40 °C), enthalpy ($\Delta H^\circ = 24.14$ kJ/mol), and entropy ($\Delta S^\circ = 91.43$ J/mol•K) changes indicated that the biosorption was feasible, spontaneous and endothermic [81].

Also, the use of almond shell has been investigated to remove Rhodamine B from aqueous solutions. The results showed that the removal efficiency increased by increasing contact time, adsorbent dosage, and initial dye concentration. In addition, the adsorption was dependant to-on solution pH, and the maximum adsorption (33.22 mg/g) was observed at a solution pH = 2.0. Freundlich equation fits the experimental data better than the Langmuir and Temkin equations do [82].

The adsorption of Direct Red 80 dye from aqueous solution on almond shells. The effect of shell-type (internal, external, and mixture shells), pH, and initial dye concentration was considered to evaluate the sorption capacity. Initial dye concentration was varied from 50 to 150 mg/dm³. The maximum adsorption capacity of different almond shells (20.5, 19.96 and 16.4 mg/g for mixture, external and internal shells) was obtained at pH = 2. It was determined

that the adsorption process by mixture type of almond shells follows the Langmuir non-linear isotherm, and the kinetics of the process follows the pseudo-second-order model [83].

The usage of the almond shell in the removal of Malachite green dye from aqueous solutions was evaluated with reference to various experimental parameters, including contact time, initial malachite green concentration, temperature, adsorbent concentration, etc. The monolayer adsorption capacity of the almond shell was found to be 29.0mg/g at dye concentration 100mg/dm³, almond shell - 10 g/dm³, contact time - 1 h. The adsorption kinetics of malachite green fitted well with the pseudo-second-order kinetic model. Thermodynamic parameters: $\Delta G^\circ = -1.12$ to -4.51 kJ/mol with an increase in temperature from 0 to 40 °C, $\Delta H^\circ = 21.67$ kJ/mol, $\Delta S^\circ = 83.47$ J/mol•K indicated that the biosorption was feasible, spontaneous, and endothermic [84].

The performance and efficiency of an almond shell as adsorbent for the removal and recovery of Acid Blue 129 dye from model wastewater were evaluated. More than 98% removal efficiency was obtained within 14 min at an adsorbent dose of 16 g/dm³ for an initial dye concentration of dye 40 mg/dm³ at pH = 2. It was found that adsorption well with the Langmuir ($A_{\max} = 11.95$ mg/g) and Temkin isotherm model [85].

5. Use of Almond Processing By-products to Remove Various Organic Compounds from Aqueous Media

The world literature describes the removal of various organic compounds from aqueous media by agricultural raw materials processing by-products. The information is given in the review articles [86, 87]. There is also information about the use of almond processing by-products as sorption materials for various organic pollutants.

Various agricultural wastes generated in Libya, including almond shells, were investigated to remove phenol at concentrations of 1-1,000ppm from simulated solutions. It was found that at an initial phenol concentration of 100ppm, the extraction efficiency of the latter is 87% at a dosage of the almond shell of 20g/dm³. The results showed that the equilibrium data for the phenol-almond shell systems fitted the Freundlich model best within the concentration range studied, especially the concentrations below 100 ppm [88].

The adsorption of Bisphenol A (4,4'-(propane-2,2-diyl)diphenol) by native and formaldehyde-treated almond shells was studied. At an initial concentration of Bisphenol A of 1mg/dm³, the latter's removal rate was 95% and 87% for modified and native almond shells. It was found that the constructed adsorption isotherms are well described by the Freundlich model [89].

The adsorption of 2 polycyclic aromatic hydrocarbons, benzo(a)piren and benzo(ghi)perilen were studied using almond shells. Isotherms of benzo(ghi)perilen adsorption by almond shells were obtained, which showed that the maximum sorption capacity was 67.57mg/g. The adsorption isotherm is described by the Langmuir model and the kinetics of the process by the pseudo-second-order model [90].

The adsorption of pentachlorophenol on almond shells was also studied. It was determined that pentachlorophenol removal efficiency was 93% after 24 hours of the process at an initial concentration of the latter of 100g/dm³. The sorption capacity of almond shells for this reagent was 5mg/g [91]. Under dynamic conditions, with an initial concentration of pentachlorophenol of 10mg/dm³ and an almond shell content of 10g in the column at a solution flow rate of 4cm³/min, the efficiency of the pollutant removal was over 99% [92].

The removal of 17 β -estradiol from native and formaldehyde-modified 0.1-0.15mm almond shells was studied. The experiments were conducted at pH = 6.80, adsorbent mass-20g/dm³, concentration of 17 β -estradiol =1.0mg/dm³, 25°C, contact time - 48 h. The percentage of adsorption was found to be 88 and 90% for the almond shells treated with formaldehyde or washed with hot water [93].

The adsorption of azoimide by almond shells was studied. It was found that the maximum sorption capacity for this substance, calculated by the Langmuir equation, was 44.6mg/g, and the Redlich-Peterson model most accurately described the isotherm itself. It was found that the kinetics of the process follows the pseudo-second-order equation. Thermodynamic parameters: ΔG° = -18.71 to -20.57 kJ/mol with an increase in temperature from 293 to 313K, ΔH° = 8.52 kJ/mol, ΔS° = 93 J/mol•K indicated that the biosorption was spontaneous and endothermic [94].

6. Production of Activated Carbons from Almond Processing By-products.

Another area of almond processing by-products uses the production of activated carbons. In particular, activated carbons are reported to be produced by carbonizing almond shells at 400°C for 1 hour in N₂ atmosphere and then activated at 700°C and 800°C, in a CO₂ constant flow of 85cm³/sm³, during 1, 2, 3, 5, and 7 hrs, in order to get burn-off within the range of 12 to 70wt.%. The utilized method has fabricated activated carbons with apparent BET surface areas and micropore volume as high as 1138m²/g and 0.49cm³/g, consistently. The activated carbons produced have essentially primary micropores and only a small volume of wider micropores [95].

A series of phosphoric-acid activated carbons were produced from almond shells using six different activation or activation/oxidation methods. The carbons were compared to each other and two commercial carbons to ascertain the relative value of the carbons in terms of surface area, yield, attrition, organic uptake, surface functional groups, and metal and the estimated cost of production. Of the six methods investigated, the method that produced the best overall performing almond shell carbon and least expensive carbon in reference to production cost was the «Air-Activation» method. This method involved the simultaneous activation and oxidation of almond shells under an air atmosphere [96]. It is pointed out that the yield of activated carbon with this method was 34%, and the surface area was 1,283m²/g, while in industrial samples of Norit RO 3515 and Calgon Filtrasorb 400 coals were 796 and 952m²/g, respectively. It was determined that the obtained activated carbon samples have a sorption capacity of 0.95 mmol/g for Cu²⁺ ions and the Norit RO 3515 sample has a sorption capacity of 0.2mmol/g [96].

The obtained samples of activated carbons were studied as sorbents of such metal ions as Ag⁺ (59.52mg/g at 308 K) [97], Cd²⁺ [98], Cr⁶⁺ (190.3mg/g at 323 K) [99], (10.12mg/g from green hull) [100].

Adsorption of Cu²⁺, Zn²⁺, Pb²⁺, and Cd²⁺ ions that exist in industrial wastewater onto the carbon produced from nut-shells of hazelnut, pistachio, walnut, almond, and apricot stone has been investigated. The agricultural shells or stones used were ground, sieved to a defined size range, and carbonized in an oven. The time and temperature of heating were optimized at 15 min and 800° C, respectively, to reach maximum removal efficiency. The removal efficiency was optimized regarding the initial pH, flow rate, and dose of the adsorbent. The maximum removal occurred at pH = 6-10, a flow rate of 3 sm³/min, and 0.1 g of the adsorbent. Removal of Cu, Zn, Cd, and Pb from synthetic wastewater using walnut, hazelnut, pistachio, almond

shell, and apricot stone carbon (Figure 2) [101]. It was determined that the degree of removal of Cu (II) ions by the named carbon is 83.0- 99.8%, Cd (II) ions - 33.8 to 90.5%, Pb (II) ions - 52.7 to 96.9% and Zn (II) ions - 58.8-71.0% [101].

Besides, the activated carbons from almond processing by-products were used as sorbents of various dyes, such as Acridine orange (the maximum adsorption capacity was found to be 909.1mg/g at 313 K [102], Methylene blue (51.8mg/g) [103]. Removal of nitrogen-containing compounds such as picoline (288.57mg/g) [104], 2,4,6-trinitrophenol (74.0mg/g at 25°C) [105], the antibiotic amoxicillin (2.5mg/g at 303 K) [106] and other compounds of organic and inorganic origin was also studied.

7. Conclusions

In this review, we summarized the literature data on the use of ground almond (*Prunus dulcis*) processing waste as sorption materials to remove various metal ions (Co^{2+} , Cr^{6+} , Cu^{2+} , Hg^{2+} , Pb^{2+} , Zn^{2+}) and CN^- , dyes and some organic compounds from aqueous media. This paper provides brief information on the amount of waste generated from processing almonds, its chemical composition, and ways of reuse. It gives the adsorption processes parameters and the values of sorption parameters for the studied pollutants. It was shown that almond processing waste sorption characteristics for various pollutants could be increased by chemical modification with various reagents. It was determined that the Langmuir model more accurately describes the pollutants adsorption isotherms in most cases, and the kinetics of the process in all cases follows the pseudo-second-order model. It was shown that almond hulls and shells are good precursors to produce activated carbons.

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Conflicts of Interest

The authors declare no conflict of interest.

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