

Comparative Review of Different Adsorption Techniques Used in Heavy Metals Removal in Water

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Abstract: The rising shortage of water resources and the need to provide water in many regions like Morocco around the world has been crucial and will become increasingly alarming in the future. Water bodies can be practically polluted or impaired by industrial, agricultural, and anthropogenic waste. Heavy metals are widely known environmental contaminants due to their toxicity, prevalence, and bioaccumulation. They build up in the environment, disrupting the food chains as chronic pollutants. In organisms, including humans, the deposition of possibly hazardous heavy metals poses a significant threat to health. This review paper highlights the present research on heavy metal removal, focusing on adsorbents and techniques accessible and feasible, such as adsorptive separation by substances, including a metal oxide, graphene, zeolite, and carbon-based composites. These techniques received a lot of acknowledgment due to their significant active surface area, high proportion of functional groups, increased chemical and thermal stability, and impressive adsorption efficiency and efficacy. The economic aspects and feasibility of adsorbents have also been presented.

Keywords: anthropogenic waste; bioaccumulation; chronic pollutants; disrupting food chains; chemical and thermal stability.

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1. Introduction

Heavy metals include metallic substances with a higher density ($4\pm 1 \text{ g/cm}^3$) than water, such as arsenic, which may cause toxicity even at low levels of exposure [1]. Heavy metal concentration in various bodies of water has become a significant concern lately because high concentration is hazardous to living creatures. Geogenic, industrial, commercial, pharmaceuticals, residential untreated sewage, and atmospheric sources have all been listed as heavy metal emitters in the environment and are the main sources that have been identified as anthropogenic sources of heavy metals [2,3]. In addition, metal corrosion, ozone accumulation,

soil erosion, heavy metal liquidation, re-suspension of sediments, and metal evaporation from soil to water and groundwater may also cause environmental contamination [4].

Nickel, Copper, Cadmium, Zinc, Arsenic, and Lead are the most common heavy metals which are discharged from activities like smelting or treatment of metal ores, mines, burning of petroleum products from fossil fuels, unloading industrial waste, the disposal of household waste, food packaging, disposing of transportation vehicles exhaust gases, and the use of pesticides [5,6]. To prevent the physiological and ecological consequences of these metals' direct or indirect consumption, wastewater streams from these sources must be decontaminated before being discharged into rivers or ponds.

Table 1. Table showing Adverse Health Impacts of Heavy Metals.

Sr.	Heavy Metals	WHO Allowed Permissible Limits (mg/L)	Adverse Effects on Human Health
1.	Nickel (Ni)	0.07	Lung scarring, lung cancer, renal disease, and cardiovascular illness are all disorders that affect the lungs.
2.	Silver (Ag)	0.1	Argyriasis, liver and kidney dysfunction, and blood cell abnormalities.
3.	Iron (Fe)	3.0	At high amounts, hemochromatosis and liver cell destruction occur.
4.	Cadmium (Cd)	0.003	Acute toxic effects include headaches, osteomalacia, skin ulcers, eczema, vomiting, diarrhea, and malignancies.
5.	Arsenic (As)	0.05	Bronchitis, hyperkeratosis, cancer, ulcer, psoriasis, liver cirrhosis, and mental instability are all caused by it.
6.	Chromium (Cr)	0.05	All possible side effects are eczema, skin ulcers, reproductive infection, genotoxicity, embryotoxicity, and lung cancer.
7.	Cobalt (Co)	0.05	Allergic erythema, asthma, bronchitis, and carcinoma
8.	Lead (Pb)	0.05	Alzheimer's syndrome, senile impairment, kidney dysfunction, cancer and neurodegenerative disorders.
9.	Zinc (Zn)	3.0	Various cancers, neurological and respiratory diseases
10.	Mercury (Hg)	0.1	Gastrointestinal, inappropriate neurological development, and hypertension are among the side effects.

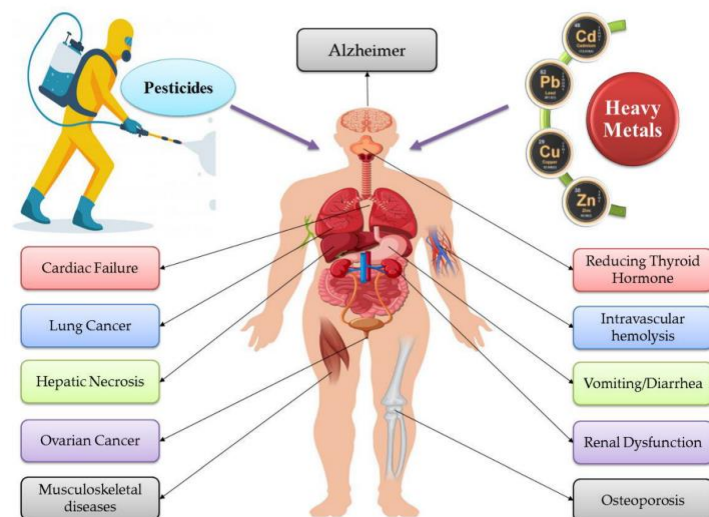


Figure 1. Impact of heavy metals on the human body [14].

Heavy metals each the human body through the skin, inhalation, or digestion and become hazardous whenever they are not metabolized by the body and consequently collect in soft tissues [5,7,8]. For example, chromium poisoning can result in liver, renal, cardiovascular, and neural disorders and skin irritation. Metals like cadmium and arsenic are known

carcinogens that can cause skin, lung, liver, and bladder cancers. High mercury levels can permanently harm the neurological system and kidneys and impair infants' growth and brain function, leading to irritation, anxiety, tremors, visual or hearing impairments, and memory problems [9-13]. Table 1 depicts the maximum concentration of heavy metals that may be absorbed in the human body and the associated health conditions and disorders, while figure 1 represents various kinds of heavy metal poisoning and their potential hazards to human health.

Several recently reported articles demonstrated that treatment techniques and practices, such as membrane filtration, microbial bioremediation, advanced oxidation process (AOPs), carbon nanotechnology, electrochemical method, chemical precipitation, solvent evaporation, ion-exchange, photocatalytic, and biosorption are presently being evaluated for heavy metal removal from water in many developed nations [15-17]. However, in the setting of developing countries, these technological advances are neither viable nor cost-effective. To purify water in resource-limited countries, suggested technologies must be easily accessible, built by indigenous workers with minimum education, and have minimal running and maintenance expenses. Among the accessible methodologies, adsorptive separation by substances including a metal oxide, graphene, zeolite, and carbon-based composites has received a lot of acknowledgment due to their significant active increased chemical stability, increased surface area, a high fraction of functional groups, thermal stability, and impressive adsorption efficiency and efficacy [18]. Table 2 outlines the benefits and drawbacks of heavy metal removal methodologies.

Table 2. Table showing Benefits and Limitations of Heavy Metal Treatment Methodologies.

Sr.	Name of the Method	Benefits	Limitations
1.	Coagulation and Flocculation	High removal efficiency can be achieved with an adequate and appropriate chemical dose.	Physicochemical sludge formation that needs further treatment. Energy extensive. High operational costs
2.	Ion exchange	High cation and anion removal efficiency may be attained with the appropriate ion exchanger. It can also function successfully in low-pressure environments.	Because of the synthetic resin/beads, it is expensive. Resin is susceptible to oxidizing chemicals. The expenses of disposing of the acids and bases generated in regeneration
3.	Membrane Filtration	It can operate well even at low temperatures. There are no phase changes; both the feed and product streams remain liquid.	The technique is susceptible to membrane fouling, which results in a reduction in permeate flux. Expensive cleaning and regeneration processes are required. The high flow rates employed in cross-flow feed could degrade shear-sensitive materials.
4.	Photocatalysis	A less hazardous byproduct High photostability	Long processing time with less applicability
5.	Chemical Precipitation	There is a high degree of selectivity since highly specific components may be eliminated while leaving other substances unchanged.	High processing expenses will accompany the significant amount of salt generated.

This paper presents a comparative review of heavy metal removal techniques, focusing on adsorbents and accessible methodologies for the adsorptive separation of substances, including metal oxide, graphene, zeolite, and carbon-based composites. These methods have received a lot of acknowledgment due to their significant active surface area and a high

proportion of functional groups, increased chemical and thermal stability, and impressive adsorption efficiency and efficacy. Considering the economic importance of treatment methodology to introduce it on commercial scale, this paper will also present an economic analysis and feasibility study of the most abundantly used adsorbent techniques to deal with heavy metal contamination.

2. Heavy Metal Adsorption Characteristics

Adsorption is a phenomenon that includes the deposition of a substance, in the molecular form, at a higher concentration on the surface. It depends on the existence of the adsorbent layer with a specific surface structure that can host a micro-substance on its surface [2,19]. Adsorption is considered an effective method due to its ability to remove even lower concentrations of heavy metals, low energy consumption, and availability of raw materials. Adsorption can be categorized into two major types: physisorption and chemisorption. Physisorption is a process in which adsorbent and adsorbate are attached by van der Waals forces, while in chemisorption, adsorbate is attached to adsorbent by making chemical bonds [20]. The three most crucial characteristics are functional groups on the surface, contact area, and ion exchange capacity that affect the efficiency of heavy metal deposition on a specific adsorbent media. The greater the surface area, the smaller the particle size, and the more available surface functional groups are, the greater the adsorption capacity [19,21]. Figure 2 represents the general flowsheet representation of adsorption, physisorption, and chemisorption.

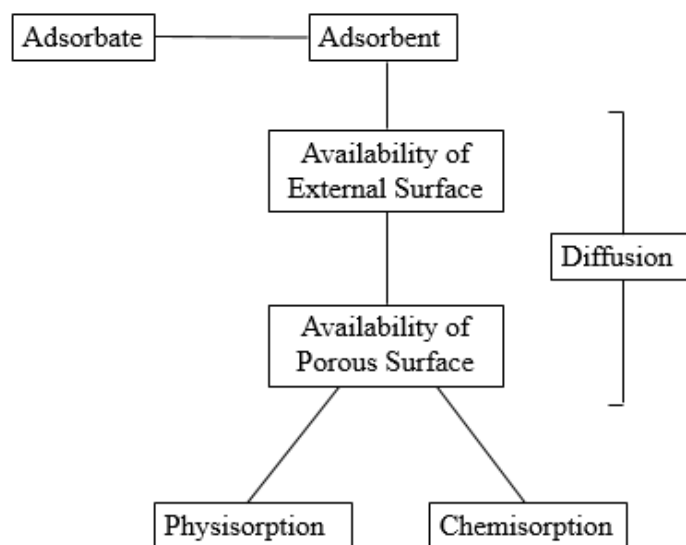


Figure 2. Schematic representation of adsorption pathway and techniques.

The underlying phenomenon of adsorption of heavy metals is complicated since it differs based on the adsorbent substances and the kind of heavy metal [22]. Figure 3 demonstrates the adsorption steps or process and how adsorbate and adsorbent interact throughout the separation process. For instance, heavy metals are adsorbing physically induced by the van der Waals forces that transpired between adsorbent heavy metal ions and surface macromolecules. Intermolecular interactions impact adsorption affinity, which is usually limited and may be reversible.

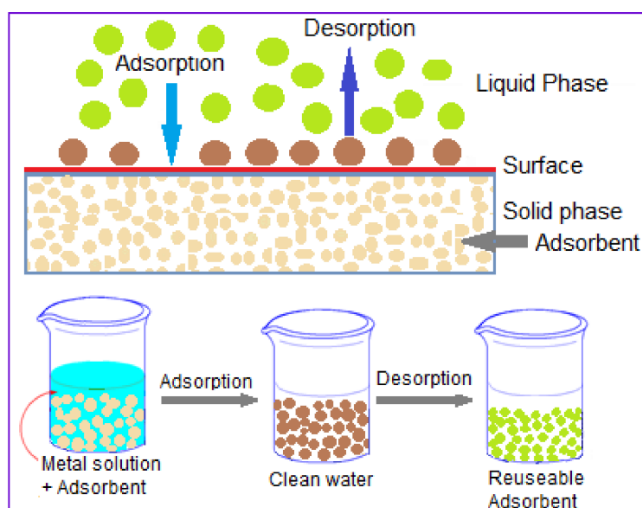


Figure 3. Adsorption and desorption process for heavy metal removal [23].

3. Reduction of Heavy Metals using Adsorption Mechanisms

Adsorption is an efficient reversible technique that can continue well even with diluted solutions of the adsorbate. The existence of narrow pores on the outermost surface of the sorptive component increases the adsorption efficiency compared to globular pores. The particles adsorbed onto the surface are concentrated and structured in a particular manner. Adsorption is affected by temperature, the type of adsorbent surface and adsorbate surface, the existence of additional contaminants, and ambient and experimental conditions (pH, pollutant concentrations, contact duration, and adsorbent particle size are all factors to consider). Moreover, because the performance of this method is harmed by the presence of suspended particles, oils, and greases, pre-filtration might well be required at times [24].

3.1. Reduction of heavy metals using activated carbon.

In many cases, activated carbon (AC) is used as an adsorbent in water treatment facilities for heavy metal adsorption due to its microporous structure, wide surface area, and chemical complexity. It has been demonstrated that reactive species on the surface and the pore size distribution affect the adsorption effectiveness of AC. The external surface contains a variety of functional groups, including phenol, carbonyl, lactone, carboxyl, quinone, and others. The tiny particle size, maximal interior surface area, and active free oxidation states of activated carbon contribute to its high adsorption potential. However, at temperatures around 300°C, AC could oxidize [25].

The high cost of coal-based AC stimulated more investigations on producing low-cost activated carbon from abundant and diverse agricultural waste products. One study investigated the effect of temperature, pH, contact time, and initial Cr^{+6} concentration on the performance of rubber-based products with sawdust mixture adsorbent [26]. Cr^{+6} can be extracted immediately by accessing the electron donor groups on the adsorbent and reducing the oxidation number from +6 to +3. Another method consists of three phases, beginning with Cr^{+6} binding to molecules on the interface of activated carbon that is positively charged. The next stage is for the electron donor groups adjacent to decrease to +3. Finally, due to repulsion between the ionic species and the positive charge regions, Cr^{+3} ions are released into the water. Adsorption generally depends on the adsorbent amount, temperature, duration, and solution pH (optimal pH of 12 was selected), and rice husk carbon has the highest Cr^{+4} absorption of 95%.

Therefore, another study used tartaric acid in addition to the standard rice husk adsorbents in batch investigations to modify rice husk-based AC, which were demonstrated to be promising Cu^{2+} and Pb^{2+} adsorption from aqueous medium using substances in the binary constituent [27].

The removal of Cd^{2+} and Zn^{2+} from nontreated water was investigated using AC produced from sugarcane bagasse. This AC had the highest absorption (100%) at pH 8.0, indicating a stronger selectivity than other adsorbents. It also investigated how to remove Cr^{4+} from heavy metal-contaminated water employing bagasse and coconut jute. The highest recovery rate was 99.8%, functioning best at low Cr^{4+} concentrations and pH values. The use of AC derived from coconut tree sawdust was investigated to remove Cr^{4+} from an aqueous medium [28]. Numerous adsorption investigations demonstrated that the maximum removal was obtained for particle sizes 125-250 μm . The q_{max} calculated from the Langmuir adsorption isotherm was 3.46 mg/g at a starting pH of 3.0.

In another study, the remediation of heavy metals from the water was performed with the help of activated carbon from lignocellulosic biomass. The technique proved to be highly efficient as it was able to treat a wide variety of heavy metals, including Cr, Pb, Cu, Hg, Cd, and As. Results showed that the lignocellulosic biomass obtained from activated carbon is a highly eco-friendly and economical technique for dealing with water's heavy metal contamination. Figure 4 describes the process of heavy metal remediation using activated carbon [29]. Electrostatic forces involving heavy metal surface charge and AC are fundamentally separate adsorption processes influenced by ionic interaction charge. The intensity pH, the oxidation state of metallic ions, the electronic conductivity, and the zero possibility of activated carbon all influence electrostatic interactions [30,31].

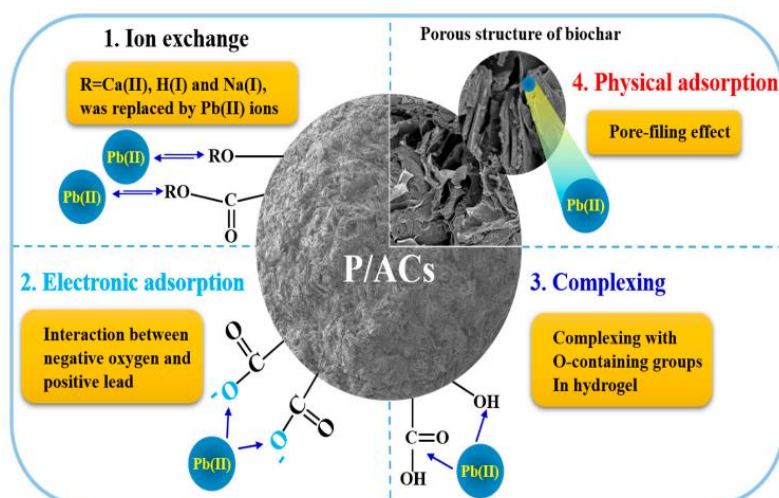


Figure 4. Adsorption of heavy metals by activated carbon [32].

3.2. Reduction of heavy metals using graphene.

Graphene is characterized by two-dimensional (2D) sp^2 hybridization in a single layer, which makes hexagonal lattice formed through specific interactions of sigma and pi bonds among carbon atoms. Conventional graphene, graphene oxides (GO), and reduced graphene oxides (rGO) are some of the types accessible [33]. The distinctive mechanical, chemical and physical characteristics make graphene useful in reducing heavy metals from water. Its exceptional qualities consist of a sizable specified surface area, excellent chemical stability, and upgraded functional and active sites on its surface. Furthermore, the goal of creating a huge volume of graphene nanomaterials has been achieved using a cost-effective strategy for water

purification. Since regeneration and recyclability of adsorbent is an important critical element for practical use of the adsorption process, several investigations have shown that a desorption procedure may be utilized to renew adsorbents based on graphene that employ either a strong acidic (HCl) or a strong alkali (NaOH) solutions [34,35]. Figure 5 shows the schematic illustration of the removal of heavy metals via graphene-based materials.

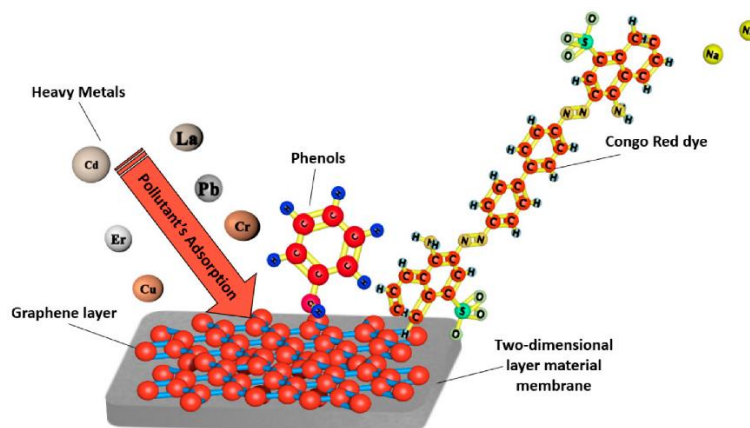


Figure 5. Removal of heavy metals, dyes, and Phenols by Graphene-based material [36].

The oxidation of graphite generates GO, which is an oxidized variant of graphene. It has a significant negatively charged density and is hydrophilic due to the existence of oxygen-rich functional groups, and it is exceedingly robust due to its nonconductive nature [37]. One study used the electrolysis approach to generate functionalized graphene, which was then used as an adsorption process to remove Pb^{2+} and Cd^{2+} from wastewater [38]. The highest absorption capability was 406.6 mg/g for Pb^{2+} at pH 5.1 and 73.42 mg/g for Cd^{2+} at pH 6.2; both were attained within 40 minutes of equilibrium. Lignosulfonate-converted graphene gel has been advocated for an adsorption process due to its extremely pore structure, highly effective contact area, and adsorbed pores' interactions on the surfaces [39]. The modified Hummer's technique was used to investigate the adsorption of Pb^{2+} from wastewater using a few layers of GO from graphite. The presence of oxygen-containing functional groups on the adsorbent was found to increase the adsorption capacity to 1850 mg/g [40]. In another study, GO nanosheets synthesized with L-cystine, a naturally occurring and stable sulfur-containing amino acid, were utilized to extract and precipitate mercury (Hg) ions from aqueous solutions [41].

Table 3. Heavy Metal Remediation by using Graphene-based derivative material.

Graphene Type	Modification	Membrane Process Type	Heavy Metals	Removal Efficiency	Reference
Graphene Oxide (GO)	Metal – organic framework/grapheme oxide composite	Nanofiltration	Cu	~90%	[42]
Graphene Oxide (GO)	GO – isophorone diisocyanate	Vacuum Filtration	Pb, Cu, Cd, Cr	40 – 70%	[43]
Graphene Oxide (GO)	Ceramic supported GO/Attapulgit composite	Vacuum Filtration	Cu, Ni, Pb, Cd	99%	[44]
Graphene Oxide (GO)	Carboxylated-GO incorporated polyphenylsulfone	Nanofiltration	As, Cr, Cd, Pb, Zn	98% (anions), 80% (cations)	[45]
Graphene Oxide (GO)	Fabricating GO/Torlon composite	Nanofiltration	Pb, Ni, Zn	95%	[46]
Graphene Oxide (GO)	GO framework by ethylenediamine	Nanofiltration	Mg, Pb, Ni, Cd, Zn	89%	[47]

Graphene Type	Modification	Membrane Process Type	Heavy Metals	Removal Efficiency	Reference
Graphene Oxide (GO)	Polyethersulfone nanofiltration membrane modified by magnetic GO/metformin hybrid	Nanofiltration	Cu	92%	[48]
Graphene Oxide (GO)	Graphene-based nanomaterials	Adsorption	Zn, Ni, Cr, Co	99%	[49]

3.3. Reduction of heavy metals using graphitic carbon nitride ($g\text{-C}_3\text{N}_4$).

Graphitic carbon nitride ($g\text{-C}_3\text{N}_4$) is an almost 2D nano-adsorbent and a relatively stable allotrope of carbon nitride. It features stacking of layer architectures and excellent thermal and chemical resistance under ambient environments.

The exterior amino groups of $g\text{-C}_3\text{N}_4$ is also significant in the adsorption of heavy metals, and it is expected to be a low-cost adsorbent for contaminants. Nevertheless, graphitic carbon nitride has received little attention for its potential applicability in the adsorption of heavy metals [50]. The ability of guanidine hydrochloride-based $g\text{-C}_3\text{N}_4$ to remove Cd^{+2} , Pb^{+2} , and Cr^{+4} from the water was tested. Elevated temperatures resulted in higher absorption capabilities, revealing the endothermic nature of $g\text{-C}_3\text{N}_4$ adsorption. It was found that Pb^{+2} and Cd^{+2} were predominantly adsorbed via electrostatic interactions on the tri-s-triazine units, while anionic Cr^{+4} was predominantly adsorbed on the $g\text{-C}_3\text{N}_4$ outermost layer. After ten regeneration cycles, 80% of the $g\text{-C}_3\text{N}_4$ adsorption capacity was still intact [51]. Figure 6 explains the advantages of graphitic carbon nitride ($g\text{-C}_3\text{N}_4$) in treating contaminated water.

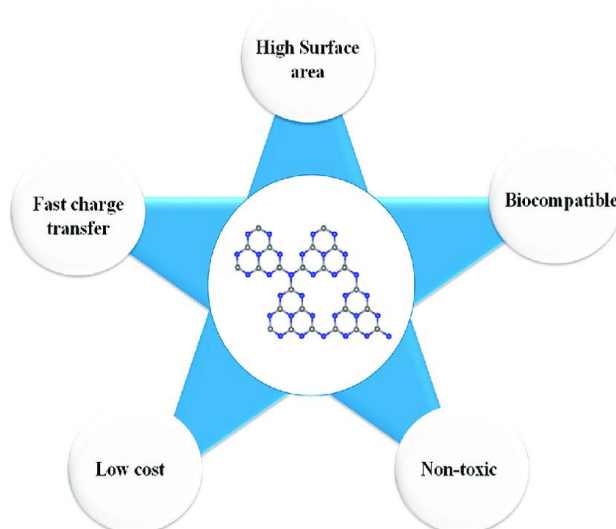


Figure 6. Advantages of Graphitic carbon nitride ($g\text{-C}_3\text{N}_4$) [52].

Shen *et al.* tested $g\text{-C}_3\text{N}_4$ to remove Cu^{2+} , Cd^{2+} , Pb^{2+} , and Ni^{2+} and found that the adsorption capability of $g\text{-C}_3\text{N}_4$ toward heavy metal ions was much more significant compared with activated carbon [53]. The association of the heavy metal ion with the carbon and nitrogen comprising functional groups of the adsorbent materials was described through the process of internal surface complex formation. Both graphene oxides and $g\text{-C}_3\text{N}_4$ demonstrated great sorption potential and exceptional regeneration potential, lowering the cost of the material properties and allowing them to be used efficiently in the treatment of wastewater contaminated with toxic material such as heavy metals[54]. The adsorption performance and metal ions capacity of $g\text{-C}_3\text{N}_4$ nanosheets produced using heat and ultrasonic methods have been found to be outstanding.

3.4. Reduction of heavy metals using carbon nanotubes (CNTs).

Significant development of Carbon nanotubes (CNTs) as outstanding adsorbents was achieved recently due to their extraordinary chemical and physical characteristics [55]. CNTs are long-lasting substances and generally poor adsorbents, but introducing additional functional groups to their outermost layer can significantly boost their sensitivity and capacity to capture heavy metals. In general, the surface of carbon nanotubes (CNTs) must be activated and functionalized with extra substances to render them more susceptible to various types of contaminants [56,57]. The most chemically activated carbon nanotubes have a variety of sites that are concentrated around substandard sections, such as pentagons, aligned against a tube body mostly made up of hexagons. It is possible that this gives CNTs a high capacity to connect with other chemicals [58]. The first step in increasing the efficacy of carbon nanotubes is to functionalize them. The optimal way to accomplish this is determined by the chemical and physical features of the CNTs in issue, namely their particle size, surface type, structure, and chemical compositions. Applying a functional group to the surfaces of carbon nanotubes is a necessary step in developing CNTs and boosting their unique properties [59].

Frayyeh *et al.* conducted a study by removing chromium II from contaminated wastewater with the help of specialized multi-walled carbon nanotubes. Results showed that the metal ion removal efficiency through CNTs was approximately 99% [60]. Another study on the usage of nanotubes for the removal of heavy metals showed that carbon nanotube absorbents show a high affinity for the removal of heavy metals. Studies exhibited that these CNTs tend to deal with a wider variety of heavy metals, such as Pb^{2+} , Cu^{2+} , Cd^{2+} , Co^{2+} , Ni^{2+} , and Cr^{6+} [61]. The majority of heavy metals are adsorbed on the outer layer and interior sites of open-ended carbon nanotubes. The accessible surface area and surface functional groups are the primary drivers of this increased adsorption, and both factors have received considerable attention.

Nonetheless, the rate of CNTs' adsorption is determined by characteristics such as external surface area, pore density, functionality, and purity [62]. There are four key possible CNTs adsorption sites for heavy metals adsorption. There are interstitial channels (a), inner CNTs holes (b), grooves (c), and exterior CNTs surfaces (d) (Figure 7).

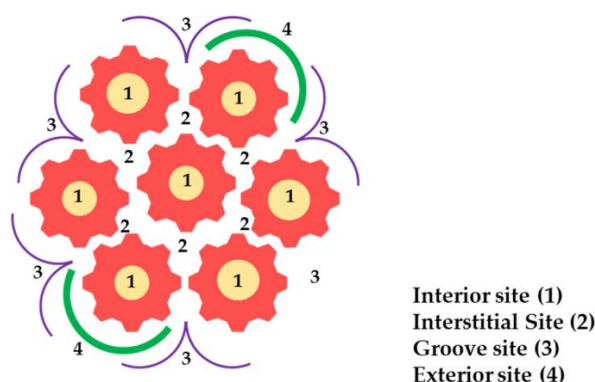


Figure 7. CNTs adsorption sites for heavy metals in water [63].

Depending on the shape of the nanotube, interstitial channels can act as a substantial trap for tiny pollutants. For example, single-walled carbon nanotubes (SWCNTs) create additional interstitial channels due to their aggregation effects—the aggregation rate decreases as the number of CNTs layers increases [64]. The pattern of CNTs aggregation is as follows: MWCNTs (Multi-walled carbon nanotubes) < DWCNTs (Double-walled carbon nanotubes) <

SWCNTs. CNTs aggregation can be advantageous or harmful to adsorption [65]. However, it diminishes the overall surface area of SWCNTs, which is required to adsorb heavy metals in bulk. It creates interstitial spaces between tubes, which increases the pore size (mostly MWCNTs) and enlarges the grooves in the outer spaces of the CNTs bundles. Because of their similar diameters, open-ended SWCNTs offer more versatility in adsorbing numerous adsorbents than MWCNTs. The adsorption effect of SWCNTs with lower diameters increases in the case of the occurrence of the chemical reaction between the size of the adsorbate and the diameter of the nanotubes. The CNT bundles' outermost surfaces and grooves have positive benefits for the adsorption of heavy metals [62,63].

3.4.1. Arsenic removal by using functionalized CNTs.

Previous research findings show that arsenic interacts with metal oxides with varying adsorbent bases. For example, an iron oxide-multiwalled carbon nanotube (Fe_2O_3 -MWCNT) combination was effectively employed to remove arsenic As^{3+} and As^{5+} ions. At pH ranges of 7 – 8, the highest removal capacity was 84.8 percent, and Freundlich and Langmuir's adsorption models corresponded well with the results [66]. Table 4 lists the different functionalized carbon nanotubes (CNTs) utilized to remove arsenic and the observations made.

Table 4. Table showing functionalized CNT used for removal of arsenic.

Adsorbent Applied	Observations/Comments	Reference
Multi-walled carbon nanotubes (MWCNTs) with Fe(III) oxide coating and ethylene-diamine modification	On pH 4.0, an exchange between ions occurred, with an adsorption capacity of 23.47 mg/g.	[67]
MWCNT - zirconia nanohybrid (MWCNT-ZrO ₂)	The initial concentration was 100mg/L. At pH 6.0 As^{+5} was removed with an adsorption capacity of 5000mg/g.	[68]
Iron oxide-coated MWCNT	The initial concentration was 100mg/L. At pH 4.0 As^{+5} was removed with an adsorption capacity of 189mg/g.	[69]
Graphene oxide carbon nanotube with αFeOOH coating	The adsorption capacity was 102.11 mg/g.	[70]

3.4.2. Lead (Pb) removal by using functionalized CNTs.

The surface area and configuration of CNTs are essential elements in heavy metal removal. CNTs' adsorption capacity rises when their external diameter is reduced, but CNTs' adsorption capacity enhances when their outer diameter is expanded by Sodium hypochlorite (NaClO). This demonstrates that the surface area and oxygen groups of multi-walled carbon (MWCNT) affect the adsorption process. Adsorption mechanisms comprising physisorption and chemisorption are highly efficient for removing lead [67].

The absorption of Pb^{2+} ions using CNTs in the adsorption process was also examined by Kabbashi *et al.* 2009, with special emphasis devoted to contact length, adsorbent dosage, pH, and agitation speed. The highest percentage of Pb^{2+} removed was 96.03 percent at 80 minutes, 40 mg/L at pH of 5, and 50 r/min swirling speed [68].

Aerogels comprised of graphene layers and carbon nanotubes (CNTs) were examined as a medium for removing lead by hydrothermal degradation of GO and CNTs in the presence of Fe^{2+} ions (FeSO_4 solution). Graphene CNT adsorption rate ranged from 230 to 415 mg/g.

The study showed that the quantities of FeSO_4 and CNT are two critical elements affecting removal effectiveness [69].

With an adsorption efficiency of 55.74 mg/g, zeolite carbon nanotubes (ZCNTs) were produced and used as a new technique for removing Pb^{2+} ions. The Langmuir isotherm model was fit to a pseudo-second-order by this ZCNTs kinetics model [70]. Furthermore, the reaction order of the absorbance was examined to study the hyperchromic impact on carboxylic CNTs for Pb^{2+} elimination [71]. Table 5 summarizes the functionalized carbon nanotubes (CNTs) utilized to remove lead and observations.

Table 5. Table Showing Functionalized CNTs used for Removal of Lead.

Adsorbent Applied	Observations/Comments	Reference
Acid-treated CS –CNTs	The affinity of adsorption was 158.7 mg/g.	[72]
CNTs with HNO_3 functionalization	The capacity of adsorption was 25.6 mg/g.	[73]
CNT complexes	The efficiency of this method was 99%.	[74]
Polyamine or CNT complexes	The capacity of adsorption was 3.2 mg/g.	[75]

3.4.3. Mercury (Hg) removal by using functionalized CNTs.

In research investigated by using CNTs surface modified with amino thiol for the adsorption of Hg^{2+} , the single-walled carbon nanotubes activated with thiol (SWCNTs-SH) attained adsorption effectiveness of 91 percent with a three times increment of adsorbed efficiency for Hg^{2+} ions in comparison to SWCNTs and a four times increment of adsorbed efficiency in comparison to activated carbon [72]. Another work combined magnetite nanocomposite/thiol-functionalized MWCNTs with mercaptopropyl triethoxysilane (MPTS) implanted onto the CNTs/ Fe_3O_4 surfaces to create MPTS-CNTs/ Fe_3O_4 nanocomposites for the eradication of both Pb^{2+} and Hg^{2+} . At a pH of 6.5, their adsorption capacities for Pb^{2+} and Hg^{2+} were 65.40 and 65.52 mg/g, respectively [73]. Because of the interaction between hydrogen (H^+) and metal ions and the inclination of metal ions to hydrate $\text{M}(\text{OH})_2$ at higher pH levels, adsorption potential increased as pH increased, with 6.5 mg/g being the optimal pH for maximum adsorption.

The geometric dimensional impacts of non-oxidized and oxidized MWCNTs on Hg^{2+} absorption from water were studied. Likewise, MWCNTs functionalized with $\text{KMnO}_4/\text{H}_2\text{SO}_4$, and MWCNTs functionalized with HNO_3 have been described [74]. The pseudo-second-order best suited the experimental results, and the adsorption method was chemisorption according to the Elovich model.

The Langmuir equation also correctly described the isotherm models, with functionalized MWCNTs having a higher adsorption capacity than virgin MWCNTs. Lastly, MWCNTs containing sulfur (SMWCNTs) examined for Hg^{2+} reduction from the water were accomplished with a maximum sorption capacity of 72.8 mg/g [75]. Table 6 displays the many carbon nanotubes (CNTs) types that have been utilized to eliminate mercury and the influence of various factors on the metal ion adsorption process.

Table 6. Table showing functionalized CNT used for removal of mercury.

Adsorbent Applied	Observations/Comments	Reference
Carbon nanotubes with MnO ₂ coating	The initial concentration was 10 mg/L, and after a contact time of 80 minutes at 50°C. The adsorption capacity was 58.82 mg/g.	[76]
COOH-MWCNTs	The initial concentration was 4 mg/L and with the help of Electrostatic Interaction at pH 4.3. The adsorption capacity was 127.6 mg/g.	[74]
WCNT with functionalized sulfur incorporation (CNT-S)	Removal of mercury occurs due to the process of ion exchange. With the initial concentration of 100-500 mg/L. At pH 6, removal occurred with an adsorption capacity of 151.51mg/g.	[77]
MWCNTs-Fe ₃ O ₄	The adsorption capacity was found to be rather high, at 238.78 mg/g.	[78]

3.5. Removal of heavy metals using hydrogel.

A hydrogel is a three-dimensional (3D) lattice of hydrophilic polymers that establish their structure by physical and chemical bonding. The hydrogel's signature trait is its ability to expand in water and retain a high quantity of water while preserving its structure [76]. To be termed hydrogel, a substance must contain at least 10% of water by weight (or volume). In most circumstances, when the stimulus is withdrawn, the hydrogel returns to its original condition [77]. Some common types of hydrogels were examined, including pH, temperature, light, and electro-sensitive [78].

The solutions' pH greatly influences the hydrogel's capacity to adsorb metal ions. AM/AMPS (acrylamide/methylpropane sulfonic acid) hydrogels have significant adsorption capacity that elevates due to an increase in pH. Cd^{2+} (II) > Cu^{2+} > Fe^{3+} is the affinity order of metal ions in adsorption by hydrogel, which is thought to be influenced by polarization, electronic arrangement, ionic radius, and, most critically, the type of interaction with the hydrogel's functional groups [79].

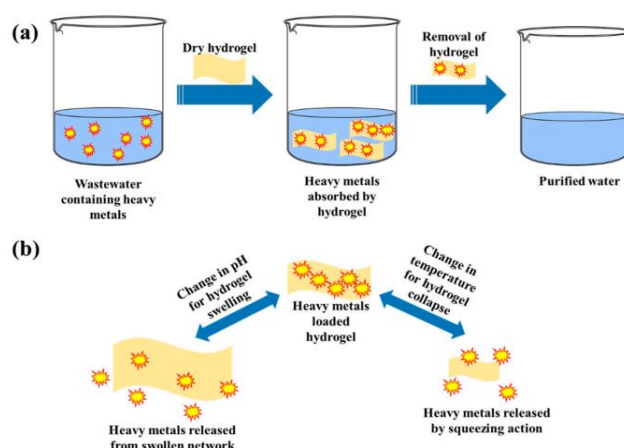


Figure 8. (a) Schematic description of the treatment of wastewater contaminated by heavy metals with the help of the hydrogel method; (b) Reversible reaction of change in structure due to stimuli (temperature and pH) [80].

Some studies discovered that under challenging circumstances, the binding capabilities of all metal ions decreased: 730–800 mg/g for Cd^{2+} , 650–720 mg/g for Cu^{2+} , and 610–700 mg/g for Fe^{3+} . Other metal ions' binding capabilities are 580–620, 610–680, 500–581, 300–350, and 200–280 mg/g for Zn^{2+} , Mn^{2+} , Co^{2+} , Pb^{2+} , and Na^{+} , respectively [81]. By reducing the pH of the solution, the absorbing metal ions within saturating AM/AMPS hydrogels could be desorbed. Cu^{2+} , Fe^{3+} , and Cd^{2+} recoveries were calculated to be 98.5%, 93%, and 94%,

respectively, using AM (50 mol percent)/AMPS (50 mol percent) crossed linked with 10% N, N' -methylene bisacrylamide (MBA) [82].

Song *et al.* studied super adsorbents with extremely high adsorption capacities, which are very useful for successful wastewater cleanup. Super-adsorbent hydrogel spheres (SAHSs) are internally cross-linked polymers that act as self-sacrificing micro-reactors. They are synthesized by cross-linking polymerization of the hydrogel matrix followed by the time-controlled self-disintegration in less than 150 seconds. The hydrogel spheres of poly (2-acrylamido-2-methylpropanesulfonic acid-co-acrylic acid) displayed high adsorption capabilities for organic dyes and heavy metallic ions for Pb^{2+} [83].

Furthermore, the hydrogel demonstrated excellent recovery and recycling ability, selectivity sorption, and efficient separation-regeneration. Hydrogel particles made of chitosan and gelatin generated by inverse emulsion from chitosan, gelatin, and glutaraldehyde aqueous solutions had a maximum removal efficiency of 98% for Hg^{2+} ions in a solution [84].

The structure of the hydrogels, rather than the pore diameter or level of expansion, influenced the outcomes. In a multiple metal ion solution, removal effectiveness for Hg^{2+} , Pb^{2+} , Cr^{3+} , and Cd^{2+} ions was from 73% to 94% [85]. The results showed that the CG (chitosan-gelatin) hydrogel might be applied to recover co-existing heavy metal ions from wastewater, offering a flexible technique for removing various metal ions from natural or industrialized wastes [84].

3.6. Economic aspect and feasibility of adsorbents.

Adsorption is a more efficient and cost-effective metal removal method than other technologies used for wastewater treatment. This method produces effluent with noticeable high quality, giving it an advantage over the other methods. The ability to be regenerated and reused for several adsorption cycles makes this process the most feasible and economical method for heavy metal removal [86]. The expense of regeneration could be equivalent to or marginally higher than the cost of stabilization, but if the use of fresh adsorbent is minimized, several financial, commercial, and environmental advantages may be obtained especially in resource-limited countries. However, in these settings, the choice of techniques according to economic aspects is crucial.

Though carbon-derived adsorbents are the most popular for their efficiency, AC remains expensive to manufacture and difficult to dispose of with difficult and costly regeneration [87]. Therefore, non-conventional alternative adsorbents, such as agricultural waste, spent slurry, and industrial wastewater sludge, are preferred due to their wide availability, cost-effectiveness, and affinity for a wide variety of metal ions [88]. Agricultural wastes, such as rice husks, egg shells, wheat bran, coconut husks, palm fruit waste, walnut shell or groundnut shell, fruit peels waste, etc., have high adsorption capacity due to their composition of hydrocarbons (Table 7) [86]. These wastes are widely available, cheap, and can be modified into chars and later activated for reuse.

Table 7. Agricultural waste-based adsorbents used for heavy metal removal [86].

Wastewater type	Adsorbent type	Adsorbent dose (g/L)	Metal ion	Amount adsorbed	Contact time	Temperature (°C)	pH
Aqueous Solution	Ash Gourd Peel Powder	6.0	Cr^{6+}	18.70	40-60	28.0	1.0
Aqueous Solution	Barley Straw	1.0	Cu^{2+}	4.64	120	25.0	6.0-7.0
Aqueous Solution	Cashew Nut	3.0	Ni^{2+}	18.86	30	30.0	5.0

Wastewater type	Adsorbent type	Adsorbent dose (g/L)	Metal ion	Amount adsorbed	Contact time	Temperature (°C)	pH
Electroplating Wastewater	Chemically Modified Orange peel	2.0	Cu ²⁺	289.0	180	30.0	5.0
Aqueous Solution	Modified Lawny Grass	0.5	Pb ²⁺	137.12	400	29.85	6.0
Aqueous Solution	Grapefruit Peel	2.0	U ⁶⁺	140.79	60-80	24.85	4.0-6.0
Aqueous Solution	Peanut Shell	1.0	Cu ⁶⁺	4.32	360	30.0	2.0
Aqueous Solution	Sugar-cane, Orange Peel biochar	1.0	Pb ²⁺	86.96 and 27.86	30	25.0	5.0
Electroplating Wastewater	Mango Peel	5.0	Ni ²⁺	39.75	120	25.0	6.0
		5.0	Cu ²⁺	46.09			
		5.0	Zn ²⁺	28.21			
Aqueous Solution	Wheat Shell	10.0	Cu ²⁺	17.42	60	25.0	7.0
Aqueous Solution	Sulfonated Biochar	2.0	Pb ²⁺	191.07	5	180.0	4.5
			Cd ²⁺	85.76			

Although testing has been performed on the adsorption of heavy metals of different adsorbent, research into regeneration remain limited. However, adsorbent recovery might be better than stabilizing adsorbents and restoring useful adsorbates, thereby decreasing demand for fresh adsorbent materials and further reducing costs. Biochar is another cheaper alternative obtained from the carbonization process of biomass [89,90]. They are solid with more carbon, hydrogen, and oxygen. They are more effective for removing heavy metals from wastewater than low-cost conventional and unconventional adsorbents due to their mesoporous structure with high surface area, different functional groups, and low ash [89,91].

4. Conclusions

Different adsorption techniques mentioned above could be utilized to remove heavy metals. The efficiency of the separation method depends on critical operational parameters such as pH, starting heavy metal concentration levels in wastewater, operating temperature, and others. In order to determine the properness of a certain method, many factors should be evaluated, such as the environmental effects, overall treatment effectiveness compared to other technology, as well as financial considerations such as capital expenditure and operating cost. Carbon NanoTubes (CNTs), Hydrogels, Graphene, Graphitic carbon nitride (g-C₃N₄), and Activated Carbon have great efficiency in removing heavy metals. Above mentioned techniques have proved to be highly efficient in dealing with heavy metals and some currently emerging issues like persistent and emerging organic pollutants. Due to their effectiveness, some rigorous research is being carried out to develop cost-efficient absorbents that will make these techniques favorable in economic respect.

5. Recommendations and Future Trends

The rising issues of water scarcity are leading the world towards rigorous research in the field of wastewater treatment as well as the treatment of contaminants from potable water. However, they have certain limits in regard to cost reliability and functionality of techniques such as Advanced Oxidation Processes (AOPs), Carbon Nanotubes (CNTs), Hydrogels, Graphene, Graphitic carbon nitride (g-C₃N₄), etc. An effective treatment method must have a high rejection level towards pollutants and be cost-efficient, making it a highly suitable product for its application on a commercial level. Choosing an adsorbent that meets both the efficiency

requirements and cost-effectiveness can be a challenge. Additional studies should be conducted on introducing easy synthesis methods and cost-efficient raw materials to reduce costs and explore structural modifications and surface functionalization. Waste products' cost and ecological effect must be minimized before innovative materials can be used on a large scale in wastewater treatment. Cost-effective recycling procedures, sustainable disposal choices, and durability are also necessary for the practical deployment of new materials on a broad scale.

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Conflicts of Interest

The authors declare no conflict of interest.

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